

## TESTIMONIALS

"Having the experiences you offer certainly helps build character and confidence in our students, and they enjoy the activities so much.

I would just like to offer my thanks to you all at WHYP for the great work you do."

*(Head Teacher - local primary school)*

"Thank you WHYP for everything you have done for us pupils.

All the sessions have been truly amazing. I hope to come again in the future."

*(Young person)*

"I thought the project went really well. I can definitely say my confidence and communication skills improved a lot.

I can also say my encouragement skills get better and helps me with my communication skills."

*(Pathways participant)*

"Improved his self confidence no end. He has been able to take part in activities that we could only dream of doing without you. You have been very understanding and supportive during a tough period of our sons life.

Keep doing what you are doing. We are so lucky to have such a valuable asset for young people in Whitehaven."

*(Parent)*



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## FINANCIAL SUMMARY 2022-23

Expenditure	2022-2023	Income	2022-2023
Project Director		Copeland Community Fund	50,000
Senior Youth Worker		Francis C Scott	10,000
Youth worker (PT)		Henry Smith	30,000
3 Instructors (2FT 1PT)		<b>Total Core Grant</b>	<b>90,000</b>
Administrator (PT)			
Apprentice		Schools and other group activity	43,523
Employer NI and Pensions		Sellafield Youth Development Project	11,000
Freelance		Youth Centre rental income	23,017
<b>Total people costs</b>	<b>167,994</b>	Sea Bins	13,700
		Fundraising and user contributions	12,898
Rent and rates	13,760	<b>Earned Income</b>	<b>104,138</b>
Energy	6,709		
Repairs/maintenance	2,859	Bedrock Phase 1	2,473
Insurance	3,730	Covid19 Assistance	1,750
<b>Total building costs</b>	<b>27,059</b>	Apprentice grant	3,500
		<b>Other income</b>	<b>7,723</b>
Training/personal equipment	3,052		
Office costs	2,043	<b>Total income</b>	<b>201,861</b>
Telephones	1,111		
Fees/payroll	2,688	<b>Net surplus/loss</b>	<b>-28,200</b>
Membership/Licences	2,875		
Advertising/website	468	Unrestricted funds held 1 April 2022	143,747
Transport (vehicle, fuel, hire)	6,132	Carry forward to 2023-24	115,547
Equipment renewals	1,002		
Beneficiary expenses	15,637		
<b>Total other costs</b>	<b>35,007</b>		
<b>All expenditure</b>	<b>230,060</b>		



## FUNDERS & SUPPORTERS

### Funders 2022-2023

Copeland Community Fund	Cumbria Community Foundation (Bedrock)
The Henry Smith Charity	Sellafield Ltd
Francis C Scott Charitable Trust	Morgan Sindall

### Other Supporters

Every year the Whitehaven Marina Ltd provides us with spaces to park our minibus, trailers, and a number of staff vehicles. We thank them wholeheartedly for this generosity which makes day to day running of the project more feasible. We would also like to extend our thanks to our landlord, Whitehaven Harbour Commissioners, for accommodating us and being so supportive.

### Financial Review

Our overall financial position remains sound with net current assets of some £111,000 at the year end. Over the year we had budgeted for a contribution of £13,000 from reserves but, in the event, this increased to £28,000 principally as a result of an increase to salary costs. The increase was due to a pay award in excess of 8%, the extension of the employment contract of our apprentice to compensate for time lost during Covid, and an increase in the hours of our Administrator.

Reference is made elsewhere to our strategic review supported by the Step Change Programme. One outcome of this was a commitment to reduce the day-to-day delivery role of our Project Director. In pursuing this objective we have been fortunate to receive a Bedrock Grant for an additional outdoor instructor for 12 months who started with us in February 2023.

Our earned income from schools and other contracted work was in accordance with expectations. In meeting the gap between earned income and expenditure we relied heavily on three core funders: Copeland Community Fund, the Henry Smith Charity and the Francis C Scott Charitable Trust, who between them contributed £90,000 towards our overall spend of some £230,000. We are most grateful to them and also to all those who commissioned work. The larger funding pots for this included the Sellafield funded Sea Bins and Youth Development Fund projects; the Outdoor Partnership; the Copeland Hub for Future Pathways and Cumbria Community Foundation for the Bedrock Phase 1 project.

The year ended with uncertainty over the continuation of our core funding. Since then, however, we are delighted to report that Copeland Community Fund and the Henry Smith Charity have agreed to continue to support us with a combined annual grant of £110,000 over the next three years. We have also been awarded an annual grant of £20,000 for the next two years from Garfield Weston.

Our policy is to hold operational reserves equal to between four and six months of turnover (£75,000 to £115,000). As noted above in April 2023 we had a reserve of some £111,000.

## BACKGROUND

Whitehaven Harbour Youth Project (WHYP) was set up in 1995 in recognition of an acute lack of youth provision in the town. Initially based on the harbourside, the project moved in 2008 into much bigger premises in the ground floor of the town centre multi-storey car park still close to the harbour and accessible by bus and on foot from nearby housing estates.

In 2022, with consultancy support provided by the Francis C Scott Charitable Trust Step Change Programme, we undertook a strategic review which has led us to adopt a series of strategic pillars and steers and a delivery action plan. Our refreshed mission statement describes us as follows:

***“We are a local charitable organisation, dedicated to giving young people opportunities to develop their potential, to understand themselves and others, and to have a good time. We achieve that by delivering high quality, evidence-based youth work, in our town centre facility and through outdoor adventure.”***

Our premises include a well-equipped youth space including a kitchen, IT space and meeting room. To the rear of this is a sports hall which has seen a significant upgrade, introducing a second climbing wall and a new bouldering wall. These works were successfully completed, through the Covid pandemic period, and extended to include a new frontage for our facility with improved disabled access. Alongside this we have a minibus and large range of outdoor equipment.

We provide a robust weekly programme of activities Monday to Friday evenings including targeted and universal youth work sessions alongside adventure activity. Being the only centre in West Cumbria with an Adventure Activities Licence makes our adventure offer particularly attractive. We employ four full-time and four part-time staff. All our delivery staff have relevant qualifications in youth work or adventure activities and our outdoor instructors have National Governing Body awards in all relevant disciplines.

## NOTE FROM THE PROJECT DIRECTOR

This last year has been one free of all Covid restrictions and was the beginning of a return to normality for us at WHYP. All our regular weekly clubs and sessions ran each evening of the school term, and we were able to offer a mixture of days out and some great volunteering adventure experiences and we worked with a great number providing activities like Stand-up paddleboarding, canoeing, climbing, and ghyll scrambling particularly in the summer term of 2022. Our work with both the Outdoor Partnership on their Pathways 2 Employment for those who were not in education or employment, and our days with Cumbria Police and Morgan Sindall on their Future Pathways programme for secondary school pupils in years 9 and 10 also resumed after the pandemic. Our refurbished sports hall was also being used by more groups and young people for longer periods and the new climbing and bouldering wall has provided a great addition to what we could offer previously.

## TRUSTEES REPORT

We welcome all young people but our focus is on work with targeted young people. Our immediate catchment exhibits significant social and economic deprivation and includes some of the most deprived neighbourhoods in West Cumbria. However, vulnerable young people are not restricted to deprived areas and there is also a general concern about mental health issues across West Cumbria. We recognise these needs and seek to address them, where we can, and to build emotional health and well-being in all our delivery.

Youth work outcomes are achieved in both our indoor youth club setting and in our outdoor activities. There is an important synergy between the two. We emphasise and encourage physical activity, across a broad range of possibilities in our offer, with a focus on local opportunities for adventure activity given the feedback from young people and value of the outputs from this over the last few years. The success of our Sea Bins project combining practical clean up in the harbour with formal learning sessions has been a driver for a proposed increase in environmental activities in the future.

Partnership working is a key element of our delivery and sustainability. We support the Copeland Youth Network as a strategic voice for youth provision in the area and work with other providers and commissioning bodies, including Future Pathways being managed by Cumbria Police, Inspira in supporting NEET young people, the Outdoor Partnership and directly with local schools.

The Trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the aims and objectives of the Project. They are satisfied that their activities over the year accord with the aims and objectives and provide the appropriate public benefit.

### Achievements and performance

We had another busy year particularly on the outdoor adventure side reflecting the continuing demand from schools for physical activities contributing to a broad post-lockdown educational curriculum. A total of 1222 young people took part in our activities with a core group of 201 attending 10 or more sessions.

There were 99 accredited outcomes with awards in archery, Duke of Edinburgh's, CPR First Aid, sailing (RYA) climbing (NICAS) and ASDAN accreditations in personal and social development. There were also 216 young people with recorded outcomes measuring progress in their personal development.

Please read on to read about some of the key activities during 2022-23, that are particularly worthy of mention.

## OUR CUSTOMERS

Many thanks to all the following, who have either used our premises or facilities, provided or received activities during 2022 - 2023:

Air Cadets	Jericho Primary School
Adult Education	Lazonby School
Always Another Way	Montreal School
Arlecdon Primary School	National Trust
AWAZ Cumbria	Orgill Primary School
Bee Unique	Parton School
Bransty Primary School	Pathways to Employment
Copeland Borough Council	Phoenix Enterprise
Cumberland Athletics Club	Shackles Off
Cumbria Police	St. Bees Independent School
Cumbria Community Foundation	St. James Catholic Primary School, Millom
Cumbria Youth Alliance	St. James Junior School
Distington Club for Young People	The Outdoor Partnership
Eaglesfield School	Thornhill Primary School
Egremont Youth Partnership	Ukrainian Ladies Groups
Endorphins	UTC
Football Fun Factory	West House
Future Pathways	West Lakes Academy
Hensingham Day Centre	Whitehaven Academy
Home Education Group	Whitehaven Fire & Rescue
Inspira	Workington Academy
Islington Borough Council	

## STAFF & TRUSTEES

### Staff (2022-23)

Stuart Dunnett - Project Director  
 Stephen Walter - Outdoor Instructor  
 Debs Cripps - Outdoor Instructor  
 Patrick Carroll—Outdoor Instructor  
 Julie Monk - Administrator & Finance  
 Nik Smith - Lead Youth Worker  
 Shannon Rush - Youth Worker  
 Ryan Corkill - Apprentice Youth Support Worker

### Trustees (2022-23)

Margaret Scott - Chair  
 Mike Priestley - Secretary  
 Trevor Monk - Life President  
 Bern Hellier - Treasurer  
 Hugh Branney  
 Deborah Naylor  
 Sue Bamforth

## VOLUNTEERS & FREELANCE STAFF

**M**any thanks as always to the massive commitment from all our volunteers over this period. They've helped deliver and support WHYP over a wide range of projects, from youth work support, climbing assistance, canoeing, help with our gardening project, fusion volunteering, mural project and more. Daytimes, evenings and weekends, 238hrs of volunteering support. We couldn't operate in the same capacity without your help and its amazing asset to WHYP to have your continued dedication.

### **Volunteers & Freelance Staff 2022-23:**

Kyra Adams,	Christina Barry
Luigi Capponi	Ruth Charlton
Warren Crosby	Andrew Cummings
Dylan Maguire	Jade Martin
Kerry Moore	Casey Pears
Raymond Smith	Lenny Welsh
Bob Fraser	Jack Bavister
Joe Stalker	



## CELEBRATING ACHIEVEMENT

**J**anuary 2023 brought the return of Awards evening, the primary focus of which was to celebrate the achievements of our young people of all the awards we've worked with them on. We presented awards from ASDAN (Youth Development Fund), Duke of Edinburgh's Awards, CPR first aid, NICAS level 1,2 & 3, Royal Yachting Association (RYA) competent crew award and our own youth volunteering award.



This was the first time we've had the awards evening since COVID and was a culmination of awards that have been in the making from the previous 12 to 18 months.

It was amazing to see the premises packed out with over 130 people. A big thank you to all the parents, carers, grandparents, teachers and friends for coming along to support and cheer on the young people while receiving their awards, as well as for your continued support for our project.

We would also like to give a big thank you to John Baker from Whitehaven Harbour Commissioners for being our special guest and giving an amazing speech about the town of Whitehaven and the young people.

All of this wouldn't be able to happen without our funders, Copeland Community Fund, The Henry Smith Charity and the Francis C Scott Charitable Trust. Big thanks for allowing us to continue providing the young people of Whitehaven with new experiences on their doorstep.



## WATER SAFETY SESSIONS

During 2022-23, we engaged with the local junior schools (Bransty, Parton & St. James), our own youth group & a group from home educated young people on the evermore important issues around being in and around water and the risk it poses.

“An average of 312 UK and Irish Citizens lose their life to accidental drowning every year and many more have non-fatal experiences, sometimes suffering life-changing injuries.” (*rlss.org.uk*)

Sessions cover a wide range of topics e.g. what to do in emergencies, how to save a life, life saving techniques etc. We did this in an open water location, to give young people first-hand experience of being in cold water, gaining an appreciation of the surroundings and practicing life saving techniques in water.

We had some very good feedback from the sessions:

100% found the session informative in some way

88% found their confidence increasing after attending

94% said they knew more about water safety as a result of the session

94% would recommend these sessions to other people.

*“If I am ever in a rip tide swim sideways not forwards.”*

*“I think it might make me take more swimming lessons.”*

*“I’ve learnt how to float and be calm if I’m in the water and in danger. I also learnt how to help people if they are in the sea and unsafe.”*



## PATHWAYS TO EMPLOYMENT

“The Pathways to Employment project was funded through the Copeland Community fund and ran from September 2021 to September 2023. Over that period there were two cohorts of participants who, over sixteen weeks, took part in a wide variety of outdoor activities.

None of the participants were in employment, education, or training and none had considered seeking employment in the outdoor industry before finding out about this course. The activities ranged from fell walking to stand up paddleboarding, canoeing and wild swimming. All the participants found being outside and taking part in a group activity to be hugely beneficial to their wellbeing.

Showing the participants the safety equipment for both water activities and for climbing, and explaining how this makes activities safe, allowed them to participate in activities they previously felt unable to partake in was part of the course itself. Following on from the first course, two of the participants were able to gain employment and used their time on the P2E course as part of their application for those jobs. Others took up volunteering posts and found that the course had benefitted both their mental and physical health.

Thank you to the Copeland Community Fund and Whitehaven Harbour Project for making the project a success. “ (Claire Bryant, Outdoor Partnership)

## DUKE OF EDINBURGH AWARD

Duke of Edinburgh’s Award scheme had more of a familiar feel to it post Covid. Expeditions ran in the normal way again, and we managed to get a new intake. This proved successful by having 19 young people completing their award.

There was a wide range of activities developed by students: cooking, sports leadership/coaching, team sports, life skills, fishing, crocheting, dressmaking, helping a charity and more.

The aim next year is to deliver this to more young people as well as progress the current group onto their silver award.



## FUSION

Our weekly youth club for those with additional needs (Fusion) aged 16 to 26 has a strong core of older young people who attend each week. They enjoy meeting each other and being able to take part in activities together. As a group, they found the Covid lockdown particularly difficult as they were unable to meet their friends and were restricted to their houses due to some medical conditions for longer than most young people. Over the year, they met in our centre each week for a variety of different activities like crafts, art, singing, dancing, Halloween and a Christmas Party.



As well as these indoor activities we took the group out for evening walks around Whitehaven in the summer and some longer walks around Buttermere Lake and Loweswater. They also had a day canoeing on Bassenthwaite Lake, a session horse riding at Penrith and a trip on the Ratty railway this past year. At first, they found some of the physical activity challenging but as the year progressed they said they felt fitter and enjoyed being outside again

## BRANSTY SCHOOL CLIMBING

Bransty school worked in partnership with us on a long term programme to work with pupils in raising self-esteem, being more confident and getting a sense of achievement. This was through regular climbing sessions on a Friday afternoon, using our facilities and instructors.

*"The group have come a long way from their first sessions and the team who has nurtured them at WHYP has been excellent making adaptations and reasonable adjustments to help facilitate a great vibe which gives the students a strong finish on a Friday afternoon."*

*"We've seen the students become more passionate about attending and striving to achieve milestones. One of the best things to see is the level of confidence now with some of our climbers who, when first attending, couldn't get more than a metre off the group. They are now regularly topping out on the wall and one recently got their level 2 award."*

*"I believe we have seen a great impact on these pupils who were struggling with confidence and self-esteem. They now have more belief they can do something, give up less and give more things a try."* (John Lee, Access and Inclusion Manager, Bransty Primary School.)

## ST. JAMES ADVENTURE GROUP

As part of our strong partnership with St. James Junior School, we aim to offer them a wide range of activities during the year. From water-safety sessions, table tennis sessions, sea bins sessions and more.

One of the longer term project is our regular adventure group, which aims to give young people the opportunity to do something new for example canoeing, archery, climbing, all using local locations, as well as learn some new skills.

100% of the pupils enjoyed the sessions, with 75% found their confidence increasing after attending and 63% trying a new experience.

Some of the feedback from the various groups included:

*"Overcame my fear of heights, it's better and easier the more I do as I get more confident"*

*"Doing new things helped me. Only climbed once and canoeing. Found them challenging but I did it and helped my confidence doing it in the end."*

*"Am a bit braver when I do the activities. Am normally not, so this helped me do that and would definitely do it again. Like doing all the activities"*

*"Socialising helped because when I moved to a new school, I'd sit at the back of the yard. Learning to find new friends has been a challenge and this helps to help me get closer to others."*

## OYT SCOTLAND SAILING VOYAGE

After waiting 3 years, mainly due to covid, the Ocean Youth Trust Scotland voyage finally got to go ahead. OYT kindly kept our booking, originally for 2020 & it was well worth the wait!

WHYP first sailed with the Ocean Youth Trust in the summer of 2006 and we've done several sailing voyages with them since. Their team are made up of employed professional staff and volunteers who are dedicated to providing young people with an incredible experience that they usually take with them forever. This years OYT sailing staff were extremely good & also from a wide range of backgrounds, experiences & age which added something a bit extra to the week.

### So what's it all about?

We take a group of young people on a week's sailing voyage aboard a 72ft Challenger yacht, the Alba Explorer, an ex-round the world racing yacht. They receive training on how to become competent crew for which they get an accredited award for.

The 2022 sailing team got to see Isle of Arran, sail past Ailsa Craig (really big volcanic plug or a lump of big cliffs & rock island), & Mull of Kintyre, cross the North Channel (bit which joins Irish Sea to the Atlantic Ocean) to Northern Ireland & sail up the River Lagan to Belfast. Yes we got to spend 2 nights in the middle of Belfast. And have a shower .... The only shower of the week, and it was so good!



## CLIMBING

We continue to deliver on Levels 1-3 NICAS, as well as approaching Kendal climbing wall with a view to running level 4 NICAS on their bigger facilities.

We also ran the Indoor Climbing Assistant Award, those who completed the award were: 2 staff members, a parent of the Home Education group, 3 people from Pathways to Employment and one young person.



During Summer 2022, we managed to go outside and some outdoor climbing and also visited various walls including Kendal, Keswick, Eden Rock and more, in order to give young people a variety of venues to progress their skills.

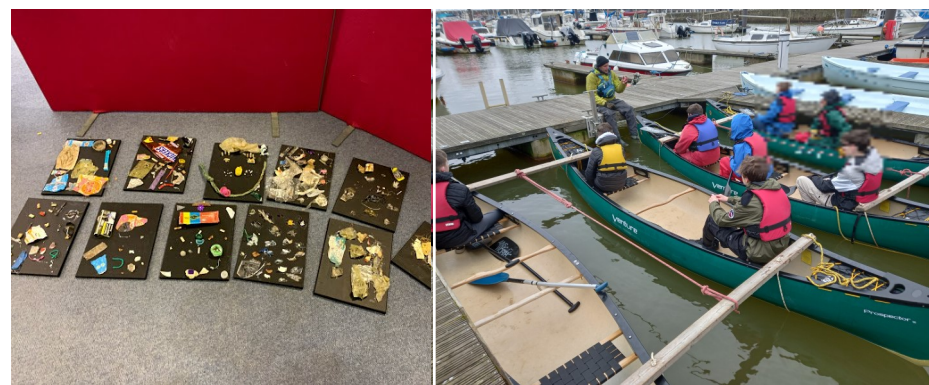
For the NICAS awards, during 2022-23 we gained 23 Level 1, 10 Level 2 and 4 Level 3.

## SEA BINS

We now have 7 sea bins up and running, to be officially unveiled in July 2023. Due to the silt in the water, this has affected the functionality of the sea bins, which will hopefully get rectified in the near future.

During this period, we've worked with a variety of school groups, cubs, scouts and beavers covering topics such as recycling, plastic awareness, environmental impact of plastic in the oceans etc.

We've also used some of the "rubbish" and used it for some recycled art projects with the groups.



## ARCHERY

During 2022-23, we worked through next round of Archery progress awards. We progressed with numbers of people attending on our weekly sessions at WHYP, with a healthy waiting list to offer it to more when spaces become available.

Archery was also popular with schools, Future Pathways and Pathways to Employment all engaging in Archery sessions.

We also gave valuable experience to Ryan, who will be undertaking his Archery leader award later in 2023.



## TABLE TENNIS

During 2022-23 as well as our established Table Tennis group and hosting the Adults on a Thursday, highlights have included:

Cumbria Team Championships 2022. Hosted at St. Bernard's School, Barrow, we took 2 teams from Bransty School to compete in the under 11's. This came from the coaching they received for a TTKidz programme, part funded by Table Tennis England. There were 92 players in 23 teams across 7 events. It was great to see teams from across the county taking part and the place was packed. The winning teams as well as becoming Cumbria champions now have the opportunity to play in the National competition starting with the Zone finals. One of our teams got runners up, with all teams participating well.

We also got involved with a Cumbria Table Tennis coaching and competition day at Burton, Kendal April 2022. This had young people attending from all over Cumbria, run by all the Cumbria club coaches. Again, great to see it well attended.



## OYT SCOTLAND SAILING VOYAGE

During this voyage a group of young people became a team of friends. As one young person pointed out when looking at photos, the ones taken just before they left Whitehaven showed a group of young people in their own private spaces ... at the end of the voyage it was a fully-fledged team.

They were all amazing, taking on the tasks & challenges asked of them. Everyone either achieved their RYA Competent Crew qualification or proved they were still capable of it. They had fun, they laughed lots, they worked hard, they are a credit to their families and communities. Well done everyone!



## 2022-2023 IN NUMBERS



**1222 young people** took part in our activities during 2022 - 2023, with **201 young people** attended 10 or more sessions.

**98 accredited outcomes** including Archery awards, Duke of Edinburgh awards, ASDAN, "Call Push Rescue" First Aid award, NICAS awards Level 1, 2 & 3, RYA competent crew awards.

**214 recorded outcomes** including Youth Development Fund, School reviews, informal learning survey's, Youth Stars, Case Studies and more.

**342 young people** that accessed our services were from the most deprived wards in Copeland (those in the bottom 20% of the indices of multiple deprivation).



**How do you find the volunteering experience?**

"I really enjoy volunteering here, its lovely to have been part of it all those years ago and to now be part of it as an adult."

**How long have you volunteered for WHYP?**

"I would say just over a year."

**How long did you attend WHYP as a young person?**

"If I remember correctly, it was around 2/3 years."

**What brought you to WHYP youth sessions initially as a young person and then a volunteer?**

"I came all those years ago because it was nice to have somewhere to go to see friends and make new friends outside of school. We got to go on so many days out and I always felt included. I came back years later when my daughter started to get involved with WHYP and when I got the chance to be part of it too, I didn't hesitate."

**How would you describe the opportunities we offer your son/daughter, who attend now?**

"They're brilliant, there has been such a wide range of opportunities. They've taken part in things I never would have thought they would, they've kayaked, canoed, been to water safety days, a self defence session, learned first aid, got involved in tidying up their local area, been on so many fun days out, made new friends, attended Halloween parties and so much more. Their confidence has really grown."

**What do they get out of attending?**

"I would say the biggest thing they get out of it is confidence and a feeling that there is a safe space for them to go to where they can socialise. My daughter has found herself being more confident introducing herself to new people and says she feels like it's a place where she will always be welcome. I have seen a big change in them since they started attending."



## JADE MARTIN RETROSPECTIVE

### What do you remember from your experiences as a young person here at WHYP?

"I remember first getting involved with WHYP when I was in year 7 at Whitehaven School and WHYP came in to do some team building activities, I really enjoyed it and soon after this I started attending the youth club. I remember making new friends, doing new things and really looking forward to the youth club every week. I remember going climbing outdoors for the first time, learning how to safely bring climbers down and going canoeing. We did all sorts of activities in the school holidays too, I remember going ghyll scrambling for the first time ever, that was brilliant."

### How has it changed since then?

"When I attended it was a small venue, I think there was an office and two rooms at the back of the building, there was games, TV's, a kitchen area and a pool table. Fast forward all these years ,and its now in a huge space. Its great to see it grow. It still feels the same though, there's always a nice feeling when you go in. Its always felt really welcoming and that's down to the staff who run it. They are as dedicated now and they were back then."

### What were the best memories or things that stuck with you?

"I absolutely loved the annual trip to the Pleasure Beach in Blackpool, getting to walk around with friends was exciting. I always felt like I had somewhere to go that wasn't as demanding at school, where I could be myself and relax."

### Being on the other side of things as an adult, do you see anything different in the things we do as staff?

"I've seen the hard work and organisational skills that go into running all the different areas of the club. The staff work so hard to make sure young people enjoy different experiences and gives them a voice on what they would like to do."

### What have you been involved in, in terms of volunteering and getting involved?

"So far, I have helped paint murals in the town, planted bulbs with the National Trust, cleaned walls, done various litter picks, attended the girls group and the Friday night session. I really do enjoy it, its nice to be part of it."

### What are the challenges of young people today and how do you see WHYP talking those?

"I think young people today, with all the online platforms there are, tend to stay inside more and seem more closed off, especially after the covid lockdowns. I've seen how the WHYP makes an effort to get young people out and about and getting them involved in the community. There are all sorts of different activities for young people to do. The weekly clubs are also brilliant for young people to attend regularly and gives them a place to go where they can socialise."

Facebook: 2.3k likes, 2.5k followers.

Instagram: 573 followers, with a Sea bins post September 2022 having 12.4 million views.

12 Adult Volunteers, giving 238 hours of time to assist in our delivery of services.



34 Young people engaged in 419hrs of volunteering, contributing to 9 WHYP Volunteer Awards: 1 x Gold (100hrs) and 8 Bronze (25hrs).

42 groups from within the community used our facilities and/or our services thus maximising the use of our building and setting, providing us with income and raising awareness of what we have to offer.



## WEEKLY ACTIVITY PROGRAMME

### Youth voice:

Our main weekly programme is made up of activities which directly related to young peoples wishes and needs. We regularly ask young people how the programme wants to look like, and what content goes into each session. So whether it be sports sessions, workshops, arts and crafts, trips away and more - this all stems from young peoples regular input. We also have feedback sessions so they can tell us about their experiences and help shape future sessions.

### Youth Development Fund / ASDAN:

The Youth Development Fund allows young people to take responsibility in planning and delivering an individual cultural project. The project aims to broaden the horizons of young people, providing the vital spark that young people need to ignite their passions and practically develop their skills for real world success. All this comes from generous funding from Sellafeld Ltd.

As part of this, they undertake an accreditation through an ASDAN award. This aims to give "meaningful learning outcomes, elevating them to go on to further education, training or work, and empower them to take control of their lives."

During 2022 - 2023, we gave opportunities for young people to go to the following:

Liverpool - Maritime Museum, Beatles Story and Liverpool Stadium tour.

Leeds - Leeds Cathedral, Art Museum, Ninja Warrior and experiencing Thai cuisine.

These were very memorable experience, well planned by the young people and receiving their ASDAN awards.

### Informal Education:

One of our aims is providing a warm, safe environment for young people to socialise, have fun, have new experiences. We also offer them opportunities to gain some informal education as part of our weekly sessions, for example, bullying awareness, sexual health & relationships, mental health, CPR 1st aid, Career talks, road safety and more. These are either run by us or getting someone in to provide specialist activities or advice.

Many thanks to SPIRAL, SHADES, CADAS, National Trust, Royal Navy, Whitehaven Fire Service, Whitehaven Police, Cumbria Wildlife Trust, Cumberland Council who were involved with the delivery of these sessions.



**Whitehaven Harbour Youth Project**  
Swingpump Lane, Whitehaven, Cumbria, CA28 7LZ  
Tel: (01946) 690404, Email: admin@whyp.org.uk



### What's On Every Week

**Monday:**  
5pm-6:30pm: Youth Club (Primary age - Free)  
7pm-8:30pm: Youth Club (Secondary age - Free)

**Tuesday:**  
4:30pm-6pm: Climbing Club (10yrs+, £2)  
7pm-8:30pm: Fusion Youth Group (16-25yrs, £1)

**Wednesday:**  
4:30pm-6:00pm: Girls Group 1 (8yrs+, £1)  
6:30pm-8pm: Girls Group 2 (11yrs+, £1)  
5.15pm-7.15pm: Table Tennis (8yrs+, £2)

**Thursday:**  
4:30pm-5:30pm: Archery Club 1 (9yrs+, £2)  
6pm-7pm: Archery Club 2 (9yrs+, £2)  
7:30 -9pm: Adult Table Tennis (£2)

**Friday:**  
4:30pm-6pm: Climbing Club (10yrs+, £2)  
6:30-8:30pm: FNP Youth Club (Secondary Age - Free)



FCSC  
FUNDING COMMUNITY SUPPORT CENTRE

Please contact the office to check availability/book a place. Check Facebook for any last minute changes.

Registered Charity No: 110701 Company No: 819002




## MURAL PROJECT



As part of our volunteering programme, we tried our hand at something new - trying to brighten up the area near south quay street car park with a mural during summer 2023. We did this by linking in with Lara Schwab from ship shapers, who we helped clean up the surrounding area, cleaned and prepared the wall, and painted it with a scene based on photos of old Whitehaven.

"We have done this project over a few Sundays and we are really happy to get it finished and very pleased with the end result. It means we have improved that area and made it looked loved. It is a part of history the building that used to be there." (Lara Schwab, Ship Shapers)

We at WHYP are all really proud of all the young people and volunteers that have helped make this project a reality. Speaking to the young people, they were delighted with how it turned out and also how amazing it was seeing the bare wall transformed into the final mural.



## YOUTH VOLUNTEERING PROJECT

Part of giving different opportunities to young people, we continued the youth volunteering award which enables young people to get active in and around Whitehaven, giving their time up to help in their community over the holiday and weekends in 2022-23.

Some of the projects included the mural project (pg. 17), litter picks, helping the National Trust, bulb planting, painted & renovated areas of Whitehaven with Ship Shapers and more.

This funding started in 2021 and during 2022-23, we manage to get 34 young people engaged over 419 hours of volunteering. This also meant we were able to progress the regular people attending, getting our first young people their awards, which were presented at the awards evening in Jan 2023. This was 8 Bronze 25hrs awards and 1 Gold 100hrs award.

Many thanks to all the young people who turned up to these sessions and played their part in making Whitehaven a nicer place to live.



## 2022 - 23 IN PHOTOS



Leeds Art Festival (YDF)



Arts & Crafts sessions



Grinch visited the young people



Royal Navy workshop



Liverpool City (Youth Development Fund)



Cumbria vs. Jamaica Rugby trip



Off to see the pantomime...



Helping the National Trust

## 2022 - 2023 IN PHOTOS



Fire Station visit



Whitehaven north shore with Girls Group



Outdoor Climbing



Paddleboarding on Ravenglass estuary



Sheltering from the elements

## ROOK HOW RESIDENTIAL

During February half term 2023, to provide young people with a residential opportunity, with the aim of trying something new, go somewhere different and meet new people.

The young people were central to the planning and delivery of the project, playing a full part in cooking, cleaning, designing activities to enhance key skills in independence and self-reliance.

By the end of the residential, each of the young people gained something from it whether that be a new friends, new experiences and developing life skills. This proved a great opportunity to witness positive changes in the young people that attended.

