

Whitehaven Harbour Youth Project

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Whitehaven Harbour Youth Project Annual Report

1st April 2019 to 31st March 2020

What's On Every Week

Monday:

5pm-6:30pm: Youth Club: 8yrs+ (Free)

Tuesday:

4:30pm-6pm: Climbing Club 10yrs+

7pm-8:30pm: Fusion Youth Group: 16-25yrs

Wednesday:

4:30pm-5:30pm: Girls Group 1: 8yrs+ (Free)

6pm-7pm: Girls Group 2: 11yrs+ (Free)

5pm-6:30pm: Table Tennis: 8yrs+

Thursday:

4:30pm-5:30pm: Archery Club (Session 1): 9yrs+

6pm-7pm: Archery Club (Session 2): 9yrs+

Friday:

4:30pm-6pm: Climbing Club 10yrs+

6:30-8pm: FNP Youth Club: 11Yrs+ (Free)

Please note that face coverings must be worn by everyone when in the centre, this is under constant review.



www.whyp.org.uk



@harbour.project



@HarbourYouth

Background

Whitehaven Harbour Youth Project was established in 1995 in recognition of the lack of youth provision in the town. We are a Registered Charity and a Company Limited by Guarantee. Our mission is

To give young people an opportunity to develop their potential, to understand themselves and others, to enjoy life and contribute positively to the world

Initially on the harbourside the project moved in 2008 into much bigger premises on the ground floor of the multi-storey car park in the town centre, more accessible but still close to the water. We now have a large youth space, sports hall with a climbing wall, office, two meeting/training rooms (available for booking), storage and kitchen areas. We have a regular core offer of youth provision based on our town centre premises complemented by a programme of outdoor activities for which we hold an Adventure Activities Licence. We have a Board of Trustees responsible for the overall management of the organisation, six hard working staff, an apprentice and a many volunteers and supporters.

Our normal activities were brought to a temporary end with the first of the pandemic lockdowns in March. Up to this point we had enjoyed a most successful 2019-20 and we hope you enjoy reading about our work over this period.

Note from the Project Director

My first year as Project Director was busy not only with maintaining the range and reach of our youth provision which is set out in the following pages but also with the design, tendering and then start on site of our building improvement works. This threw up many challenges and changes of plan to make it all fit together, as well as trying to stay within budget.

Another first was being able to take all the staff away for some training to Loch Lomond in September for three days where we managed some canoe journeys despite a constant strong wind. Importantly, it gave us some time together as we often work quite different hours and meeting up as a team is difficult.

We are extremely fortunate to have had funding for five years from both the National Lottery and Copeland Community Fund but both were in their final year and a large part of my time was spent working with the Trustees to secure further funding. By the end of the year Copeland Community Fund, Henry Smith Charity and Francis C Scott had offered us funding for the next three years. So some good news to end on but with Lockdown One starting in the final week of March 2020 a lot of uncertainty for the year ahead.

Stuart Dunnett



LynchPin Support carried out independent mid-term and end of project impact reviews on behalf of Whitehaven Harbour Youth Project. The reviews covered much of WHYP's work over the last 5 years.

Key outcomes successfully delivered by the project:

- Increased physical activity + Increased confidence and self-esteem among young people
- Young people gained accreditations and transferable life skills through the project
- Local residents have access to a community venue for accessing health, education and wellbeing opportunities




In a 2020 survey of external stakeholders 100% of respondents said the work delivered by WHYP supports them to deliver on their own organisational aims AND respondents also gave WHYP a perfect score of 100 via the Net Promoter Score

A sample of outputs created by the project:

- 3238 young people got involved in project activities more than once a week
- 1488 young people have taken part in regular physical activity
- 6.78 Full time equivalent jobs have been created or safeguarded

As well as the core funding from the Big Lottery Fund and the Copeland Community Fund the project has drawn an additional £460,643 into the area

4420 volunteer hours have been given to the project

QUOTES:

"I think WHYP has achieved a safe and fun space for children and young adults, who would otherwise be on the streets and may end up substance abusing. I think WHYP are encouraging children to go over and above and reach their potential. WHYP shows children they are not stuck in the usual paths others in this area may take, the world is full of opportunities." External stakeholder

"I enjoy my job! & have met some amazing & inspirational young people over the years." Staff member




Review of Project Impacts

During the year we commissioned consultants LynchPin to review how successful we had been in delivering the outcomes that we agreed with our two key core funders – Copeland Community Fund and The Big Lottery for the five years ending in April 2020. A graphic showing the findings of the study is shown on the adjacent page. These are summarised as:

- WHYP has in large part successfully delivered its engagement and delivery targets as funded by both the Copeland Community Fund and the Big Lottery Fund.
- It has not relied solely on its core grant funders for financial sustainability but continually worked to understand and realise other potential income streams.
- Through contact with the project many young people experience positive short-term outcomes that they themselves can easily identify and that they certainly value.
- A sample of external stakeholder feedback indicates that the project is valued by referring agencies for its positive impact and that the 'customer service' aspects of delivery are highly rated.
- The Trustee and management team evidence clear commitment to delivering for their community and its young people and retain a drive for ongoing improve-

External stakeholders who responded to an online survey by Lynchpin all agreed that WHYP does have a positive impact on the wider community. Comments included.

"Positive impact on local and global issue such as plastic pollution/ care for local wildlife. Has positive impact on whole families mental health as offers direct engagement for the young and invaluable respite for wider families"

"Providing somewhere for young people to meet and take part in activities reduces likelihood that some young people will be involved in anti-social behaviour. It also potentially provides young people from troubled backgrounds with somewhere safe where their concerns/needs could be met"

.....you help different parts of the community to come together and understand each other better.....

Trustees Report

2019-20 was a very good year for WHYP on all the priorities the Trustees had in mind for the year. Firstly, working in a close collaboration with our Project Director Stuart Dunnett, in his first full year in the role and still providing outdoor activity cover through the summer, we have seen the project succeed in 3 significant funding applications to largely sustain our core funds over the next 3 years. Copeland Community Fund and Francis C Scott are funders with whom we have longstanding, productive relationships and we find them helpful and supportive in all our dealings. Henry Smith are new funders to us who have a national coverage and we have been similarly grateful to them for their support in a straightforward process.

Secondly, we were able to complete the funding package needed to refurbish our Sports Hall, improve our climbing and storage facilities and remodel the frontage to our premises. Work got underway just as the financial year finished. Capital funding support from The Garfield Weston Foundation, Sport England, Cumbria Community Foundation, Copeland Community Fund and Sellafield is greatly appreciated. Special mention should go here to the support received from Cumbria Exchange who brokered generous and high-quality support for us from the Sellafield Contractors Consortium - Jacobs Contractors lead contractor - to convert and reclaim the disused former toilet block beneath the multi storey car park into changing rooms for our outdoor activities. This was a great contribution to our voluntary, community project.

Next, we planned to refresh our group of trustees and we were very pleased to recruit Deborah Naylor, Area Operations Manager for Inspira, to our board. Deborah joined us in September and is already making a valuable contribution.

We planned to continue to generate significant levels of earned income through premises hire, money raising and paid services to groups, this year representing 60.2% of total income.

In addition, we planned to pursue and further embed an environmental contribution to our work as part of our "Opportunity and Adventure on Your Doorstep" ethos. Consequently, the official opening of the first Sea Bin in the Harbour which we try to use as a resource was very exciting for us. To agree, in the course of the year, funding from our partners at Sellafield for further Sea Bins in the Harbour, alongside ongoing activities with young people on environmental issues and projects, was a great support for our work in this direction.

None of these priorities mean anything much other than how they enable the project to continue to make provision for young people and impact positively upon their lives. We commissioned some evaluation of our services over the last years, the details are summarised elsewhere in this report, which is very positive and re-assuring about the impact of provisions we have made and the quality of the delivery from our staff and the leadership of our Project Director.

2019-2020 Highlights

893 young people have taken part in our activities this year. Our data shows that about a third live in wards that rank within the 20% most deprived in England and Wales



78 young people attended our twice weekly climbing sessions and **31** obtained their Level 1 or 2 National Indoor Climbing Awards

234 young people have been regular attenders of our activities having taken part in 10 or more sessions a year. At 26% this is the highest ever proportion of total attendees

2000+ likes on Facebook and growing all the time

33 volunteers gave us 908 hours of their time. An essential resource for running our activities for which we are most grateful

Youth club sessions addressed current social issues including **mental wellbeing and alcohol and drug awareness** with professional support from Public Health England, and the Sexual Health Alcohol and Drug Education Service

£19,194 income from fund raising and donations

45 groups from within the community used our facilities and/or our services thus maximising the use of our building and setting, providing us with income and raising awareness of what we have to offer.

£98,000 earned through sale of services, contracted work and rental of our premises



Work commenced on the **refurbishment of our sports hall** and our thanks to the Sellafield Contractors Consortium and lead contractor Jacobs who completed the conversion of the car park toilets to **changing accommodation** providing their labour at no cost to WHYP

Financial Summary 2019- 20

Expenditure	£	Income	£
Manager		Big Lottery Reaching Communities	40,453
Senior Youth Worker		Copeland Community Fund	30,000
Youth Worker		United Utilities	10,000
3 Outdoor Instructors		Total Income from Grants/Trusts	80,453
PT Administrator			
Apprentice		Schools and Other Group Activity	58,072
NI/Pensions		Total Income for Providing Services	58,072
Total People Costs	143,740		
		Youth Centre Rental Income	40,011
Rent	12,053	Money Raising/Donations	19,194
Rates	2,314	Apprentice Grants	4,824
Energy	9,064		
Repairs/Maintenance	2,021	Total Other Earned Income	64,029
Insurance	1,363		
Cleaning	1,363	Total Income	202,554
Total Building Costs	28,178		
		Deficit funded from Reserves	6,780
Training/Personal Equipment	1,859		
Office Costs	1,210		
Telephones	1,041		
Fees/Payroll	1,842		
Membership/Licenses	798		
Transport (vehicle, fuel, hire)	5,065		
Beneficiary/Vol Expenses	20,237		
Equipment Renewals	3,362		
Advertising/website	191		
Business Development Fund/legal	1,811		
Total Other Costs	37,416		
Total Expenditure	209,334		

The above figures relate to our revenue running costs and income. They do not include the income and expenditure on the capital renovation scheme which is ongoing. A report on the totality of these costs will be available in the next financial year.

It is the policy of the Whitehaven Harbour Youth Project to hold operational reserves equal to between four and six months of turnover (£70,000 to £105,000). At 31 March 2020 they stood at £104,000. These reserves are in place to build financial resilience and support the ongoing aims and objectives of the work of the charity. This year we have had to draw on reserves to meet normal running costs. A full copy of our 2019/2020 Financial Statements can be downloaded from the Charity Commission website.



Funders and Supporters

We would like to extend a huge thank you to our funders and supporters, without whom the work of the Whitehaven Harbour Youth Project would not be possible

Funders 2019-2020

Big Lottery Reaching Communities
Copeland Community Fund
United Utilities
Sport England
Garfield Weston
Cumbria Community Foundation
Police and Crime Commissioner
Community Safety Partnership
Whitehaven Town Council
Morgan Sindall
Sellafield Ltd
Whitehaven Marina
Government Apprentice Grant via Lakes College

Other Supporters

Every year the Whitehaven Marina Ltd provides us with spaces to park our minibus, trailers, and a number of staff vehicles. We thank them wholeheartedly for this generosity which makes day to day running of the project that little bit easier. We would also like to extend our thanks to our landlord, Whitehaven Harbour Commissioners, for accommodating us and being so supportive. We are also most grateful for the in-kind support from Cumbria Exchange, Sellafield Contractors Consortium and Jacobs in converting the disused car park toilets

Fundraising

The young people at the project have an outstanding history of fundraising and this year has been no exception with £19,194 raised and donated. This fundraising would not have been possible without their dedication and the generous support of Seacote Caravan Park, Co-Op Cleator Moor, Dixons of Whitehaven and Dunmail Park, Edgars Garage Dunmail Park, Whitehaven Marina, and Copeland Borough Council Markets

2019-2020 Highlights



227 recorded outcomes where young people provide written evidence of improved confidence, self-esteem and knowledge as a direct result of taking part in our activities

281 accredited outcomes including the Junior Award Scheme for Schools (JASS), RYA Competent Crew, National Indoor Climbing Award (NICAS), ASDAN, DofE, Table Tennis Butterfly Skills and Paddlepower Awards

50 girls attended our Girls Group at our junior and senior sessions every Wednesday



206 young people attended the Friday Night Project

10 residential trips (18 nights away from home) and **36 day trips** for young people

We continue to benefit from our three year funding from the Copeland Community Fund for a **Level 3 Children and Young People's Workforce apprentice**. Our thanks to departing apprentice Sheena Gordon and a welcome to new apprentice Lauren Green

30 young people attended our table tennis sessions. Joseph Alderson won the Whitehaven Junior league held at WHYP and Rowan Johnstone came runner up in the County Individual event in Feb 2019. We supported the St James School team who won the County Under 11 title and went on to represent the County in the Zone Final



Activities and events in pictures

Our yearly **climbing trip to Ratho** was once again an eye opener to just how talented our climbers are. Some of our climbers took this opportunity to do some lead climbing for the first time and that was a massive achievement! This year was the first year that we have also taken climbers from KingKong climbing club to join us, accompanied by Janna their climbing instructor who volunteered her time to help with the weekend adventure. We had a number of young people achieve their level 1 and level 2 NICAS. They are all very excited about the expansion of our current facilities.



In delivering **Future Pathways** we work alongside the HUB in Whitehaven Police Station to provide outdoor activity days of team building and challenge to groups of young people from some of the local secondary schools. The project is funded jointly by the Police and Crime Commissioner and Morgan Sindall and looks to engage with young people in school years 9 and 10 who maybe struggle with some aspects of school life and are in need of an extra bit of support. The project is led by the local police and we worked with pupils from Whitehaven Academy, Westlakes Academy and Mayfield School. Each group get two days out of school with WHYP and some time in school when the Police and Morgan Sindall staff undertake team building and making the pupils aware of what will make them more employable in the future.



As a final part of the whole experience the groups put on a presentation of what they have learnt and how they have developed over the time. At the end they are presented with a certificate of achievement and our picture shows a group from Whitehaven Academy receiving their certificates.

Our Customers

Sports/ Outdoor Activity Customers

Arlecdon Primary School
Beckermet CofE Primary School
Bookwell Primary School, Egremont
Eaglesfield Paddle CofE Primary
Future Pathways
Gosforth Scouts
Lazonby CofE School, Penrith
Mayfield School
Mirehouse Residents Association
Morgan Sindall
Montreal School, Cleator Moor
Orgill Primary School
St Bees School
St. Begh's Catholic Junior School
St Bridgets Pimary School, Egremont
St James CofE Junior School, Whitehaven
St James Catholic Primary School, Millom
St Matthews CofE Primary School, Aspatria
St. Patrick's Catholic Primary School
Thornhill Primary School, Egremont
West Cumbria Learning Centre, Whitehaven
Whitehaven Academy
West Lakes Academy
Well Whitehaven
Whitehaven Sea Cadets
Whitehaven Air Cadets

Premises Rental

AWAZ Cumbria
Bigrigg and Moor Row Football Club
British Dodgeball
Copeland Youth Council
Copeland Canoe Club
Cumbria Alcohol and Drug Advisory Service
Cumbria Partnership Foundation Trust, NHS
Cumberland Athletic Club
Cumbria County Council:
Adult Education Services
Day Services Whitehaven
Day Services Workington
Day Services Cockermouth
Cumbria Youth Alliance
Copeland Canoe Club
Copeland School Games
Ingeus
Fall Prevention Class
Mayfield School, Whitehaven
National Trust Colourful Coast
Phoenix Enterprise Centre
RSPCA
Sellafield Sites Ltd
West Cumbria Carers
West House
Whitehaven Sea Cadets

Trustees

Mr Trevor Monk, Chair
Mr Mike Priestley, Secretary
Mr Bern Hellier, Treasurer
Mr Hugh Branney
Mrs Margaret Scott
Ms Deborah Naylor,

Staff and Volunteers

Staff

Stuart Dunnett, Project Director
 Nik Smith, Lead Youth Worker
 Tina Barry, Youth Worker
 Debs Cripps, Outdoor Instructor
 Stephen Walter, Outdoor Instructor
 Julie Monk, Administrator
 Sheena Gordon, Apprentice (Up to Sept 19)
 Lauren Green, Apprentice (From Jan 20)



Tina, Debs, Julie and Sheena on a staff day out

Volunteers

Our fantastic volunteers are very much part of the team. They are an eclectic mix of ages, gender and background. We continued to welcome international medical students from UCLAN in a mutually beneficial link where they develop their essential people skills and we gain from their support and their varied cultural backgrounds

Lydia Cannon
 Ruth Charlton
 Kathryn Chestney
 Cameron Clouston
 Ryan Dunnett
 Lauren Green
 Abbie McCarten
 Jon Paul Messenger
 Julie Monk
 Alice Naylor
 Rebecca Parkinson
 Diane Patmannis
 Alyn Philpott
 Ray Ross
 Shannon Rush
 Brandon Sherwin
 Mitchell Smith
 Catherine Southwood
 Alison Walker
 Stuart Wood

And from UCLAN Amina Aysa
 Chidera Faari
 Marwan Meghashree
 Faizan Omar
 Omer Paarth Reese
 Siddarth Suptanshu



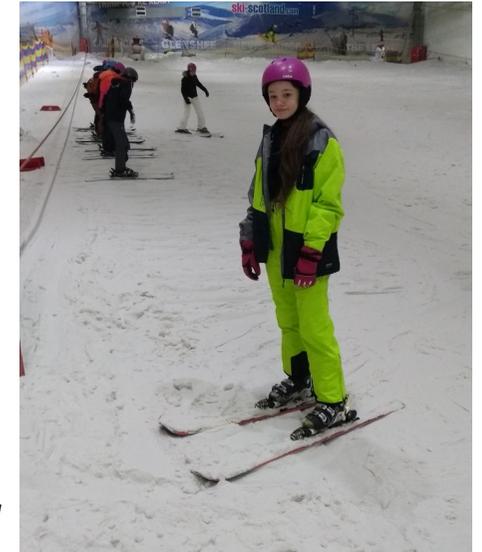
Volunteers Shannon, Ruth and Alice looking rather stressed out

Activities and events in pictures

Every February half term we run a three-day **Ski trip to Fort William**. As the Scottish winters have become more fickle sometimes skiing is just not possible - but we always find alternative activity for the young people and it's always an adventure!



Tina and Debs said we would enjoy skiing.....and we did



In February 2020 the arrival of Storm Dennis and Storm Ciara resulted in any snow on the Nevis Range being either washed or blown away. The staff adapted the plan and on the first day they all went to the Ice Factor at Kinlochleven and its amazing indoor climbing wall. They also fitted in 10 pin bowling and swimming with a sauna at the Lochaber Leisure centre. In the evenings the staff, Debs, Stephen and Tina helped the young people prepare and make the meals and gave them some training in washing up and drying dishes! The evenings were also spent playing Uno and Dobble card games. On the return journey to Whitehaven a stop for a lesson at the Glasgow Snow Factor allowed the group to ski on snow even if it was inside! Perhaps better described as an Adventure Weekend rather than a Ski Weekend but, most importantly, we returned home late on Monday evening with 12 exhausted happy young people.

Activities and events in pictures

As ever our **Junior and Senior Girls Group** had another action packed and creative year which included climbing, playing, talking, arts and crafts, cooking, tie-dyeing and model making. We also had a sleepover, and bread making and

When they come down to Girls Group our young ladies, in their own words, feel: relaxed, happy, excited, confident and safe



Refurbishment of our Centre

Two major redevelopments to parts of our building started in 2019/2020. The first was a project delivered and funded by a consortium of Sellafield contractors, which was to update and make useable an old storage and toilet area behind our premises. We needed this extra space as we wished to redevelop our sports hall and increase the amount of space in the hall. This in-kind redevelopment of the old storage area was led by Jacobs contractors and allowed us to move our drying room and some storage from the sports hall to a new dedicated facility.

Our sports hall is a well-used area and our desire was to expand the climbing surfaces we had available without reducing the actual floor area for other sports like 5-A-Side, basketball, table tennis and badminton. Our sports hall also suffered from some damp issues and poor acoustics and we wanted to improve the whole area for all users and sports. We were delighted to receive funding for this redevelopment from The Garfield Weston Foundation, Sport England and Cumbria Community Foundation.



Work started on site in January 2020 when Postlethwaite Construction started to build a concrete wall to the rear of our sports hall as the existing metal cladding wasn't keeping the hall in a dry condition.

At the same time we also were able to secure additional funding from Copeland Community Fund and Sellafield for frontage works to improve access to the Centre and increase its visibility in the street scene.

Sea Bin Opening

This year saw the grand opening of the first Seabin in Whitehaven Marina. Our photo shows Mr Alan Campbell the area manager for the Co-op accompanied by their store manager from Cleator Moor Mr Thomas Porter cutting the ribbon.



It was great to at last have it in place and up and running taking the plastics and litter out of our local marina before it enters the world oceans. We have taken young people and adults, school groups, cub, and beaver and scout groups into the marina by canoe and talked about the history of Whitehaven Harbour, the wild life that the marina supports and how the Seabin will help to sustain this. We have done litter picks from the canoes and talk about the many different items that we have found in the Seabin. We have had discussions on the different types of plastics which can and can't be reused or recycled and how we can all do our bit to help.

Sailing Trip August 2019

Day 4, Wednesday 27th August 2019 By Katie and Courtney

We woke up in Campbeltown, and some of us had showers. After breakfast, Debs went shopping for essentials, so we had to wait for her. Once she returned, we could set off and start our very long journey to Douglas on the Isle of Man. We were split into watches so we could have 4 hours on watch and 4 hours off to help break up the journey. As we were leaving Campbeltown, we saw a seal on its back sunbathing.



The girls were on the first watch from 11am to 3pm, so some of the boys went below deck to try to get some sleep on the beds, which had been tidied earlier in the day, but only Alyn managed it. During the first watch, it was quite choppy, so even in the cockpit we had to stay tethered. It was like the sea shanty about the Irish Sea, so it wasn't surprising that Abbie and Rhys flew around the cockpit. We



had lunch of jacket potatoes, and not too long after that the watches switched, so Lily and Courtney went down below to get some sleep, but only Lily managed it. By this point, lots of people got bored, so we sang songs and played games to pass the time. At times it felt like the day dragged, yet at others it seemed to fly past. A lot of people stayed above deck all day because it was extremely difficult to sleep during the day. The first meal was pasta, although Debs threw a pan of pasta (with tomato mascarpone sauce) on the floor. Eventually we managed to have pasta, either plain or with pesto, and a choice of ham, bacon and/or cheese. Finally, at around midnight, we could see the lights of Douglas.

Our journey from Campbeltown took us out to sea past the Alisa Craig then to follow the southern Scottish coastline and then over to the Isle of Man. It was 80 miles, and it took us nearly 15 hours, so we got there at 12:45am, which was quicker than expected.



To be continued

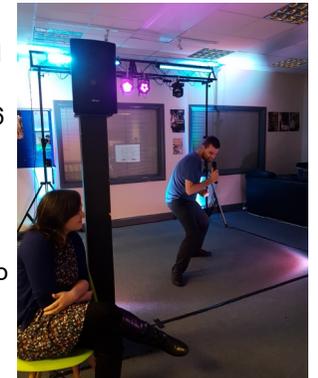
Activities and events in pictures

Our most popular weekly session is the **Friday Night Project**. 2019-20 was a busy year with a lot of people attending regularly which was great to see. Always a good atmosphere with young people engaged in a variety of social and recreational activities including pool, table tennis and indoor football. With our sports hall out of action due to the refurbishment thanks to Joanne at Whitehaven Sports Centre for use of their hall on Fridays so we could manage our large group in two places at once.

A massive thanks goes to the staff team for the covering the extra workload involved. Thanks too to Whitehaven Town Council for their "bridge funding" which sustained delivery between changes in long term funding agreements.



Our **Fusion Youth Club** especially for young people with special educational needs and disabilities continued to meet every fortnight at the centre on its regular Tuesday evening. The young people aged from 16 to 26 engaged in pool, table tennis, arts and crafts as well as sport like volleyball, netball and archery all within the centre. The group also had trips out on the Ratty Railway and a day canoeing on Bassenthwaite Lake as well as what has become a regular Christmas shopping trip to Carlisle in December.



Activities and events in pictures



We had a very successful year helping a lot of young people achieve their **Duke of Edinburgh Awards**. In total 46 young people gained an award this year and three of those were at Gold level. Naomi Hoodless, Olivia Halligan and Harry Binns achieved their Gold and are now awaiting their official Gold Award Presentations at Edinburgh or London. Naomi and Olivia have completed all three award levels with WHYP.

We had a very busy September and October of 2019 when West Lakes Academy transferred a large number of pupils who needed an expedition to finish their Bronze. The school was unable to support them with this but was looking for a centre to help these young people. We ran some intense weekends with up to thirty pupils out on a Bronze expedition at a time and we were really pleased that 27 were able to complete their Bronze award as they just needed the expedition to complete their award. We have young people working on all three levels currently and continue to work with Whitehaven Academy recruiting some of their students for Bronze and helping others onto Silver.



Sailing Trip August 2019

Our annual sail training voyage took up a new challenge in 2019, a journey with a difference. We were asked if a group of our young people would like to undertake a yacht delivery voyage, sailing 'Tenacity of Bolton' from her summer season base at Kip Marina on the Clyde estuary to Whitehaven Marina. This would be first leg of 'Tenacity's' journey south following the west coast of Britain to join the rest of the Tall Ships Youth Trust fleet at Portsmouth.



The challenge was taken on by our young people and to enable this amazing sailing opportunity and experience to be open to all young people regardless of background, the aspirant crew, together with support of previous/future sailors, had to raise £1000 together during the summer holidays through fundraising activities. This year they smashed the target, raising a grand total of £1,459.33.

On what felt like the hottest August bank holiday Sunday ever, 8 young people along with 2 members of WHYP staff to support them, joined the 'Tenacity' sailing staff Josh and Sam at Kip Marina. Between them the youngsters produced a log of all 8 days of their journey. Lack of space restricts us to two of these logs:

Day 2, Monday 25th August 2019 By Thomas and Alyn



We woke up and cleaned up our bedroom (which was a tip!) Then we had showers, brushed our teeth, learned about engine checks, had breakfast (a collection of cereals) and after that we learnt about life jackets. Later we set off sailing with Liam getting to steer first. He got us off the pontoon safely to start off the journey on the water. We were quite scared, as it was the first time sailing for most of us. While sailing we started to learn parts of the boat and winches, then we had attempts at doing the pulley system and a quiz about the boat. We sailed for a while and learnt more about the boat and all helped out

around the boat. Some of us got called down and made lunch (pasties or sausage rolls with beans) and ate it before we reached the resting point for that day. Later we went on an adventure to a nearby island and walked around it for a while. After that, most people went swimming after jumping of the side of the boat into the water, then we dried off and played games while Bolognese was being made for dinner