



Whitehaven Harbour Youth Project

Swingpump Lane, Whitehaven, Cumbria, CA28 7LZ,
Tel: (01946) 690404, Email: admin@whyp.org.uk



What's On Every Week

Monday:

5pm-6:30pm: Multi Skills (Primary 7-11yrs: Free)
6:30pm-8pm: Drop-in Youth Club (11-18yrs: Free)

Tuesday

7pm-9pm: Fusion Youth Group 16-25yrs (£1)
Every other week. Booking required.

Wednesday:

4:30pm-6pm: Junior Girls Group 7yrs+ (£2)*
5:15pm-7:15pm: Table Tennis 8yrs+ (£2)*
6:30pm-8:00pm: Senior Girls Club 11yrs+ (Free)*

Thursday:

5pm-6:30pm: Thursday Climbers 8yrs+ (£2)
6pm-7:30pm: Games Group 8yrs+ (£2)*
6:30pm-9pm: Adult Table Tennis (£2)

Friday:

4:30pm-6pm: Friday Climbers 8yrs+ (£2)
6:30pm-9pm: Friday Night Project (11-18yrs: Free)*

* These sessions can be very busy. Please contact the office to check availability. Look out for extra trips and activities on our Website, Facebook or Twitter.

Whitehaven Harbour Youth Project Annual Report

1st April 2018 to 31st March 2019



www.whyp.org.uk



@harbour.project



@HarbourYouth

Background

Whitehaven Harbour Youth Project was established in 1995 in recognition of the lack of youth provision in the town. We are a Registered Charity and a Company Limited by Guarantee. Our mission is;

To give young people an opportunity to develop their potential, to understand themselves and others, to enjoy life and contribute positively to the world.

Initially on the harbourside the project moved in 2008 into much bigger premises on the ground floor of the multi-storey car park in the town centre, more accessible but still close to the water. We now have a large youth space, sports hall with a climbing wall, office, two meeting rooms, storage and kitchen areas.

We have a regular core offer of youth provision based in our town centre premises complemented by a programme of outdoor activities for which we hold an Adventure Activities Licence. We have a Board of Trustees responsible for the overall management of the organisation, six hard working staff, in addition to a huge number of volunteers and supporters.

We hope you enjoy reading about our work over the last financial year.

Project Director

There has been change at the top of the organisation as Gina McCabe, our Project Director for the last five years, has moved on. Gina brought great professionalism and enthusiasm to her role and leaves the Project in excellent health. She goes with our thanks and good wishes. Stuart Dunnett took over the Director role in April 2019.



Gina says - hard to know where to begin when it comes to my time at WHYP - when I reflect on my career to date it's one of my proudest times. With the support, confidence, guidance and expertise of the Trustees, the dedication and skill of staff and volunteers, and of course the inspiring achievements of young people it truly was an honour to be part of such an impactful organisation. Whitehaven is a special place, unlike anywhere else I've ever lived or worked, and it taught me so much about resilience and passion for place - something the community have in abundance! Thank you for having me everyone!

Financial Summary

Expenditure	£	Income	£
Manager		Big Lottery Reaching Communities	79,000
Lead Youth Work		Copeland Community Fund	30,000
Assistant Youth Worker		Total Income from Grants/Trusts	109,000
1 FT Outdoor Instructor			
2 PT Outdoor Instructors		Schools and Other Group Activity	57,607
PT Administrator		Total Income for Providing Services	57,607
Apprentice			
NI/Pensions		Youth Centre Rental Income	31,300
Total People Costs	151,892	Money Raising/Donations	21,671
		Apprentice Grants	6,905
Rent	12,053	Operational	494
Rates	2,263	Total Other Earned Income	60,370
Energy	6,559		
Repairs/Maintenance	1,122	Total Income	226,977
Insurance	3,304		
Cleaning	1,280	Deficit funded from Reserves	7,175
Total Building Costs	26,581		
Training/Personal Equipment	3,577		
Office Costs	5,523		
Telephones	1,001		
Fees/Payroll	1,801		
Membership/Licenses	1,337		
Transport (vehicle, fuel, hire)	4,748		
Beneficiary/Vol Expenses	19,580		
Equipment Renewals	14,120		
Advertising/website	1,162		
Business Development Fund	3,780		
Total Other Costs	56,629		
Total Expenditure	235,102		

It is the policy of the Whitehaven Harbour Youth Project to hold operational reserves equal to four months of turnover. All reserves are in place to build financial resilience and support the ongoing aims and objectives of the work of the charity. This year we have had to draw on reserves to meet normal running costs. A full copy of our 2018/2019 Financial Statements can be downloaded from the Charity Commission website.



Trustees Report

This has been another good year in which we are pleased to have been able to continue to offer a good mix of activities and experiences to so many young people. We referred last year to the importance of partnership working and so it has proved this year. For example our partnership input to the Future Pathways programme commissioned by the multi-agency Copeland Hub saw us working with groups of some of the more socially excluded young people in local schools. We continue to work with young people from our immediate catchment area of the Harbour and surrounding wards but also with high numbers of young people from across the North and West of the Copeland Borough. We welcome young people across a broad spectrum of attitude, ambition and outlook. Sometimes they are coming to us for adventure activities, often with an outdoor theme, and sometimes they come to take part in our regular, core youth work offer and often they come to do both. In all cases we continue to try and offer opportunities for personal and skills development and safe settings for fun, recreation and building friendships.

Most of the use of our premises is for evening youth club activity. However, an increasing amount is from daytime use by other organisations. This is welcome as a way of broadening awareness of our presence in the town and reinforces our value to the local community. The refurbishment of the sports hall and frontage improvements have progressed rather more slowly than we would have liked. Inevitably there will be some disturbance during 2020 whilst the work takes place and we will do our best to maintain current levels of delivery during this period.

This year has seen a change in our leadership. Gina McCabe, our Project Director for the last five years, has moved on to new challenges. We would like to record our appreciation of her professional skills both in education and youth provision and in so ably drawing together and inspiring those working with her. A hard act to follow but after a rigorous recruitment process we are very pleased to have appointed Stuart Dunnett to the role. He was previously one of our outdoor instructor/ youth workers. Conscious that two of our core funding grants come to an end next year we have decided at this stage not to re-appoint to his post.

Our thanks to staff, volunteers, funders and supporters of all kinds and to our young people. The health of our organisation depends on the ability, availability, and commitment of all these elements. Our thanks to the Big Lottery Reaching Communities Fund and the Copeland Community Fund which have both given us core grant aid over the last five years. Our ongoing challenge is to secure the resources needed to continue. Something that is well underway.

Mr Trevor Monk, Chairman
Mr Mike Priestly, Secretary
Mr Bern Hellier, Treasurer
Mr Hugh Branney
Mrs Margaret Scott
Ms Deborah Naylor, from September 2019

Programmes and Partnerships

- We completed delivery of two years of funding from Cumbria County Council towards our Fusion group for those aged between 16-26 with additional needs. We took over this group in April 2017, following many years of them using our premises, but being run directly by the County Council. We have secured a further year of funding for this group from April 2019.
- Our Sea bin programme continued, this environmental project with local primary and secondary schools along with the Pathways groups and a number of other local youth groups, including scouts, cubs and cadets looking at plastic pollution in the water. Just at the end of the financial year the Sea Bin arrived from its manufacturer and we made plans with the Marina staff to install it along the pontoon in Queens Marina.
- Nik Smith, our lead youth worker, and Table Tennis coach worked with three primary schools, (Beckermest, St James's Junior in Whitehaven, and St Patrick's in Workington) teaching the pupils butterfly skills. He also arranged with St Josephs in Workington some competitions between their club and these schools.
- We were a partner in a Cumbria Youth Alliance programme helping participants as part of a six week 'Young Potentials' programme for 14-24 year olds who are not in education, employment or training. We delivered outdoor sessions to improve team working skills, communication and challenged them to try new activities.
- We remain a key partner in the Future Pathways project delivered through the Copeland Hub based in Whitehaven Police Station delivering outdoor activity days to those young people in secondary school who would benefit from some additional opportunity and adventure.
- During this year we have progressed our plans to redevelop our Sports Hall and just at the end of the financial year secured the funding to make this possible. We are extremely grateful to Garfield Weston Foundation, Sport England and Cumbria Community Foundation. As part of the Sports England funding we took part in a Crowdfunding campaign for the Sports hall and in only a few weeks just before Christmas secured £5,000 which Sports England matched.

2018-2019 Highlights

925 young people have taken part in our activities this year. Our data shows that about a third live in wards that rank within the 20% most deprived in England and Wales

204 young people have been regular attenders of our activities having taken part in 10 or more sessions a year

There was a focus of staff training on **alcohol and drugs awareness** and **lesbian, gay, bisexual, and transgender issues**. In youth work sessions we have also drawn on the expertise of the County Council Public Health Team and the Sexual Health, Alcohol, and Drugs Education



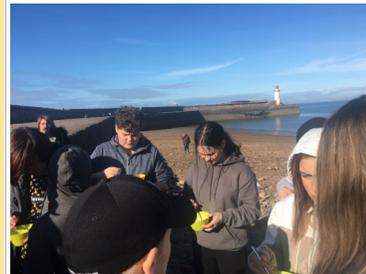
62 young people attended our twice weekly climbing sessions, 32 of whom were regular participants

1900 likes on Facebook and growing

38 volunteers giving us 1020 hours of their time. An essential resource for running our activities for which we are most grateful

£25,000 in raising funds and donations

Including a huge £5000 from Crowd-funding



47 groups from within the community used our facilities and/or our services thus maximising the use of our building and setting, providing us with income and raising awareness of what we have to offer.

£78,000 earned through sale of services, contracted work and rental of our premises

Planning permission and £320,000 secured for refurbishment of our sports hall and access improvements to our entrance. We thank the following for their support: the Garfield Weston Foundation, Cumbria Community Foundation, Copeland Community Fund, Sellafield Ltd and Sport England.

Staff and Volunteers

Staff

Gina McCabe, Project Director until March 2019
Stuart Dunnett, Outdoor Instructor then from April 2019 Project Director
Nik Smith, Lead Youth Worker
Tina Barry, Youth Worker
Debs Cripps, Outdoor Instructor
Stephen Walter, Outdoor Instructor
Clare France, Administrator to September 2018
Julie Monk, Administrator from October 2018



Volunteers

Sam Barnes, Lydia Cannon, Andrea Casson, Ruth Charlton, Kathryn Chestney, Cameron Clouston, Lauren Green, Phillip Hall, Naomi Hoodless, Jon Paul Messenger, Julie Monk, Alice Naylor, Andrea Paige, Diane Patmannis, Jodi Roach, Ray Ross, Shannon Rush, Brandon Sherwin, Mitchell Smith, Raymond Smith, Alison Walker

Our thanks to all the above for giving up their free time to support us and make so many additional opportunities possible for the young people

Funders and Supporters

We would like to extend a huge thank you to our funders and supporters, without whom the work of the Whitehaven Harbour Youth Project would not be possible

Funders 2018-2019

Big Lottery Reaching Communities
Copeland Community Fund
Garfield Weston
Cumbria Community Foundation
Cumbria County Council Community Grants
Co-Op Community Grants
Active Cumbria
Police and Crime Commissioners
Morgan Sindall
Doorstep Sports
Sellafield Ltd
Santander
Turnpike Charitable Trust
Cumbria County Council Open Learning Access Fund
Government Apprentice Grant via Lakes College

Other Supporters

Every year the Whitehaven Marina Ltd provides us with spaces to park our minibus, trailers, and a number of staff vehicles. We thank them wholeheartedly for this generosity which makes day to day running of the project that little bit easier. We would also like to extend our thanks to our landlord, Whitehaven Harbour Commissioners, for accommodating us and being so supportive.

Fundraising

The young people at the project have an outstanding history of fundraising and this year has been no exception with £25,000 raised and donated. This fundraising would not have been possible without their dedication and the generous support of Seacote Caravan Park, Co-Op Cleator Moor, Dixons of Whitehaven and Dunmail Park, Edgars Garage Dunmail Park, Whitehaven Marina, and Copeland Borough Council Markets

2018-2019 Highlights



179 recorded outcomes gained and **62 young people** provided written evidence of improved confidence and self-esteem as a direct result of taking part in our activities

321 accredited outcomes for young people including Junior Award Scheme for Schools, BCU Paddleboard Passport, NICAS Indoor Climbing Award, Butterfly Table Tennis Award and RYA Competent Crew

18 young people were regular attendees of our junior table tennis sessions



69 girls attended our Girls Group at our junior and senior sessions every Wednesday

193 young people attended the Friday Night Project and 69 attended regularly (at least 10 sessions)



11 residential trips (23 nights away from home) and **48 day trips** for young people

We continue to benefit from our three year funding from the Copeland Community Fund for a **Level 3 Children and Young People's Workforce apprentice**. Our thanks to departing apprentice Shannon Rush and a welcome to new apprentice Sheena Gordon.



We continue as a **D of E Award Scheme Centre** under the umbrella of Cumbria Youth Alliance offering all 3 levels of award to young people. This past year we have seen **19 young people** achieve their Bronze award, **4 young people** working towards their Silver award and **6 young adults** have achieved their Gold award. In April our local MP came to present Eleanor Saville and Lucie Fyfe with their Gold brooches.

Comments and Feedback

50% 21:15



Hensingham Primary School

47 mins •

What an amazing day Year 6 had today at Crummock Water - canoeing, paddle boarding and mini raft building. Many thanks to Stewart, Steve and Shannon from the Whitehaven Harbour Youth Project for organising such a fantastic day 😊🛶

..... Fantastic
Such an amazing club!
It's instrumental in my son's life
The staff work above & beyond so the teenagers of West Cumbria enjoy their youth

Parent on Facebook

9th December 2018

Youth Centres like this one are key means by which children can build resilience. So whilst they just look like fun places to go, they are actually so much more. They provide friendships and an opportunity to learn skills, to contribute to the community and feel valued and welcome. You guys are amazing.

Individual making a donation on the Crowdfunding site

Dear Gina and Steve,
Many thanks for your enthusiasm, hard work and support on our residential. It was a pleasure and a privilege to have you there once again. You organised such a varied and exciting programme for us, and the children were so excited by their canoeing and wattery experience. The children asked me to say thank you for helping to make their residential visit so amazing, they loved it! You are both definitely memory makers.
Many thanks for your continued help, support and inspiration.

From Eaglesfield Paddle School

Our Customers

Sports/ Outdoor Activity Customers

Beckermet Beavers
Beckermet CofE Primary School
Cumbria Youth Alliance
Eaglesfield Paddle CofE Primary
Future Pathways
Gosforth Scouts
Hensingham Primary School
Lazonby CofE School, Penrith
Mayfied School
Morgan Sindall
National Park Authority
Network Youth Church Calder
Orgill Primary School
Paddle School
St Bees Cubs
St Bees School
St Bees Village School
St. Begh's Catholic Junior School
St James Catholic Primary School, Millom
St James CofE Junior School, Whitehaven
St Josephs Catholic High School, Workington
St. Patrick's Catholic Primary School
Thornhill Primary School, Egremont
Whitehaven Air Cadets
West Cumbria Learning Centre, Whitehaven
Whitehaven Academy
Workington Air Cadets

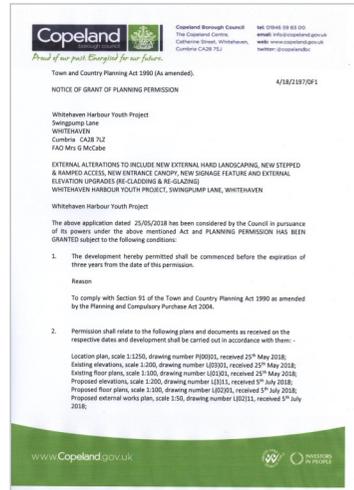
Premises Rental

Bigrigg and Moor Row Football Club
Cumbria Alcohol and Drug Advisory Service
Cumberland Athletic Club
Cumbria County Council: Adult Education Services
Day Services Whitehaven
Day Services Workington
Cumbria Youth Alliance
Copeland Canoe Club
Copeland Games
Garden Organic
Ingeus
Mayfield School, Whitehaven
National Trust Colourful Coast
NHS North Cumbria Pediatrics
Phoenix Enterprise Centre
Restorative Solutions
RSPCA
Sellafield Ltd
Standguide
Tutis Foster Care
West Lakes Academy

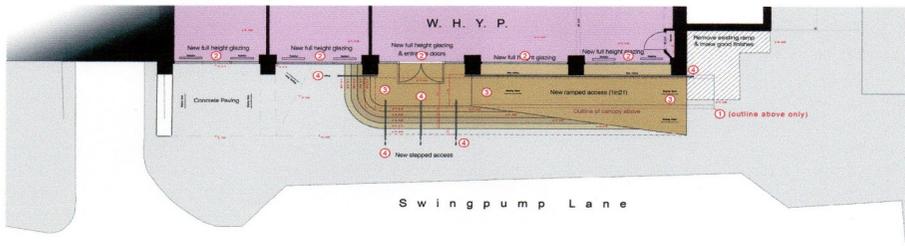


Building Improvements

Our unique sports hall and climbing facilities are in need of a little tender loving care. The space is home to a range of activities including youth and adult table tennis clubs, climbing clubs, archery groups, sports sessions for community groups, football training, dodgeball and badminton. Over ten years of use by thousands of young people has started to take its toll. Problems include a lifting floor, poor acoustics, limited climbing wall space, out dated heating, and damp. In addressing these issues we also plan to introduce new bouldering and climbing walls and open up our frontage to improve access. With work programmed to start next January, by the end of 2020 Whitehaven will have a youth centre with really top class facilities.



We have agreed a new lease with our landlord, the Harbour Commissioners, which now includes the old car park toilets to the rear. Work is underway on refurbishing these as changing accommodation for our outdoor activities. We are enormously grateful to the contractor, Jacobs, who has provided professional support and met all labour costs through the Cumbria Exchange Scheme.



A particular thank you to the 64 contributors to our Crowdfunding Appeal who raised an amazing £5,000 towards the improvements and to those who supported and helped run the massive pre Christmas jumble sale

In addition to the in-kind support from Jacobs we have received generous grants for these improvements from Garfield Weston, Sport England, Cumbria Community Foundation, Sellafield Ltd and Copeland Community Fund

Our amazing volunteers



I originally wanted to do something to get myself out of the house and having had previous experience supporting young people, the Harbour Youth was an obvious place to look. The team of staff and volunteers is amazing and I always feel supported and valued for my contribution. Mixing with the diverse range of young people is very rewarding, they are amazing people. Overall I have thoroughly enjoyed my time with the Harbour Youth and long may it last.

Ruth Charlton, (parent and volunteer)

I think it was a great challenge for me to develop my language skills since I was only 1 month in the UK when I came to you, I tested also my ability to understand and communicate better with children, and mostly I developed my patience. Moreover, I worked over my social and teamwork skills since we were having plenty of activities to do. I definitely enjoyed my time there, I learnt to play many different games and most importantly I developed a different approach towards children. Thank you for the opportunity."

Elena Papadopoulos, UCLan Medical Student

When I first arrived in the UK my accent was a bit hard to understand, but while volunteering at WHYP I got the opportunity to interact with children from different age groups, this gave me the platform to adapt my language hence, preventing communication barriers. While working towards being a doctor, skills such as; multitasking, time management, teamwork, empathy, and good communication skills are essential. All these I practiced and improved on while volunteering at WHYP. It is without a doubt that the time spent here was beneficial to both me and the children, I got to learn more about the British culture, while they also learned a few stuff about me. Yes, I love the routines used to entertain the children such as tie and dye, card making, but my favourite was decorating the Christmas trees with pine cones. These memories are my favourites."

Elizabeth Smith, UCLan Medical Student

Sea Bins and Whitehaven Marina

Whitehaven harbour and immediate setting provides a focus for many of our activities. We have continued to work with young people around plastic pollution and the environmental impact of plastic on our local area and on the wider environment. We have taken local Key Stage 2 children out into the harbour and talked about its history, its relationship with the town, and about the wildlife and how the plastic may impact on it. The group is set a challenge to see how much plastic it can collect in ten minutes. We then sort the plastic into different categories and discuss whether it can be recycled, where it may have come from and what we could do about it.



We have raised funding for an innovative *Seabin* which is designed to collect marina water and filter out floating waste. This has finally arrived and is the first *Seabin* on the Cumbrian coast and one of only 20 in the UK. We pass our thanks on to all who have supported the project and to Whitehaven Marina who are to cover the maintenance and running cost.

Our Future Pathways Group, local primary schools participating through the Junior Award Scheme for Schools, cub and scout groups and other local youth groups have all taken part



University of Central Lancashire Volunteer support

Over the last three years we have worked with international medical students from UCLan in a mutually beneficial link that provides the students with a volunteering opportunity to develop their essential people skills and also provides us with very welcome volunteers from a range of cultural backgrounds to further enhance our sessions alongside our fantastic regular group of volunteers and our apprentices.



Reflecting the success of this link in 2018-19 we doubled our intake of students, working with 12 students over a 6 month period. All the students passed the Safeguard Online Level 1 course, which increased their value to us and which will be of benefit to them in their future professional life.



Note from Valerie Smart, Manager, National Centre for Remote and Rural Medicine, UCLan

UCLan School of Medicine have developed a relationship with the Whitehaven Harbour Youth Project (WHYP) over the past 3 years. In this time UCLan has provided volunteers to work with WHYP over a 6 month period while the students are studying at the National Centre for Remote and Rural Medicine at UCLan's Westlakes Campus. These students have arrived in West Cumbria from regions all over the world ranging from Japan, India, Brazil, USA, Africa and the Middle East thus providing a wide range of cultural diversity. WHYP visits the campus to discuss the ethos and values of the WHYP and then invites those who are interest to apply to be volunteers.

Sailing Trip August 2018

This year Debs Cripps took 8 keen young people and a student leader to Kip Marina on the Clyde estuary to join the crew of *Tenacity of Bolton*, a 48ft ketch (sailing boat with 2 masts) owned by the Tall Ships Youth Trust.

One of the central aims of the sailing project is to bring together a group of young people from different schools and communities. The team consisted of young people from Whitehaven and West Lakes Academies, St Benedict's Catholic High School and one young person who was home schooled. There were 4 girls and 4 boys aged from 13 – 16 years.

They had the challenge of trying to raise £1000 together through fundraising activities during the summer holidays. They created a stall at Whitehaven Market, Dunmail Park and St Bees beach (where they also offered car washing). They undertook a sponsored challenge and raffled a fantastic selection of gifts and vouchers kindly gifted by local businesses and finally a bag pack at Cleator Moor Co-op. Together they raised £1,368.49, a fantastic achievement.



On the voyage Largs was the first port of call, then to: historical Campbeltown at the south of the Kintyre peninsular; Tarbet a small, pretty harbour; Portnavardie a rather upmarket marina with its own infinity swimming pools; a night at anchor near the Kyles of Bute; and Holy Loch, an important naval port during wartime which, when we arrived was hosting the European Championships for Water-ski racing!! Then a final sail across the Clyde back to Kip Marina. Over 7 days the voyage covered a distance of 124 sea miles.



During the week the group learnt many new skills: helping with the catering for 12 people in a small space which is almost always constantly moving (especially at sea bouncing through the waves) how to be part of a sailing crew; how to handle ropes and tie knots, steer a yacht, an introduction to sea navigation, and the help needed on deck whilst at sea and coming into port.

This was an unforgettable experience for these eight young people: seeing new places, making new friends and learning new skills. We are grateful to the many people who made this voyage possible.

Activities and events in pictures

Girls Group has had another fantastic year climbing, gardening, playing, talking, arts and crafts, baking, slime (Tina now HATES slime), and drawing games. We also went camping, bread making and fire on the beach and a trip to St Bees.

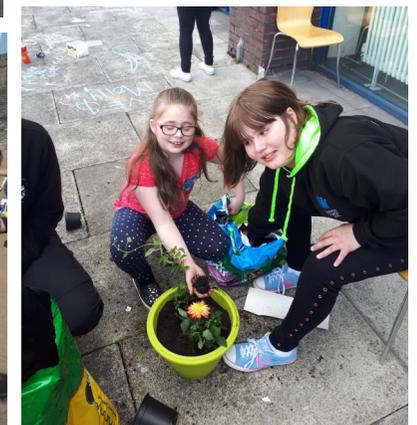


When they come down to Girls Group our young ladies, in their own words, feel: relaxed, happy, excited, confident and safe



Eve
How does coming make you feel: Relaxed
Fav thing to do here: Climb on the wall

Grace
How does coming make you feel: Very Very Relaxed
Fav thing to do here: Climbing



Activities and events in pictures

The scope of our **Friday Night Project** was extended with some additional week-end sessions designed particularly for a **nurture group** of young people who needed help with confidence and social skills. We worked with one group of 18 young people over 8 sessions and another of 28 over 3 x 6 week sessions.



Activities included conservation work with the National Trust (bulb planting, bird box making, grouting a stone culvert) and various social and outdoor activities including bowling, ice-skating, ghyll scrambling and a visit to Blackpool



We received Youth Star recorded outcomes for 75% of the young people who attended recognising the progress in personal development they made during the year



Activities and events in pictures



Lots of enthusiasm and skills development on the Carlisle Dry Ski Slope in preparation for the **winter ski trip** to Scotland in February. However Scotland was notable for a lack of snow this year so we spent time on a high ropes course and some swimming on the Sunday. We did a mix of snowboarding/ski lessons using a dry ski slope on Monday and then finished our weekend away at the Three Wise Monkeys Climbing Wall in Fort William

