



WHITEHAVEN HARBOUR YOUTH PROJECT SUMMER HOLIDAY PROGRAMME 2019



Monday 22 nd July	Tuesday 23 rd July	Wednesday 24 th July	Thursday 25 th July	Friday 26 th July	Saturday 27 th July	Sunday 28 th July
<p>Blackpool Pleasure Beach 7:30am - 22:15pm Age 12+, £26</p>	<p>Multi-Sports Activity 9am - 12pm Age 7+, £5</p> <p>Walk/Run Club 1pm - 2:30pm Age 10+, £2</p> <p>Dinghy Sailing Day 12pm - 5.45pm Age 10+, £20</p> <p>Sailing Team Meeting 6:30pm - 8pm</p> <p>Fusion Group 7pm - 9pm, £1</p>	<p>Well Whitehaven (External Booking) 1/6</p> <p>Bike Ride 10am – 4pm Age 10+ , £10 (must be able to ride and have a geared bike)</p>	<p>Table Tennis Coaching 9am - 12pm Age 7+, £5</p> <p>Wild Swimming and Water Safety 10am - 4pm Age 8+, £10</p> <p>Gaming Group No booking required 6pm - 7:30pm Age 7+, £2</p>	<p>Paddle Club 12pm - 6pm Age 10+, £10</p> <p>Sailing Fundraising Prep 2:30pm - 5pm</p> <p>Friday Night Project 6:30pm - 9pm (Secondary sch age) FREE</p>	<p>Whitehaven Market Fundraising Stall Come on down and have a look 😊 10:30am- 3:30pm</p> <p>Whitehaven Park Run (or walk) 9am, every Saturday at Mirehouse, FREE</p> <p>https://www.parkrun.org.uk/whitehaven/</p>	
Monday 29 th July	Tuesday 30 th July	Wednesday 31 st July	Thursday 1 st August	Friday 2 nd August	Saturday 3 rd August	Sunday 4 th August
<p>National Trust Day 11am - 3pm Age 7+, £2</p>	<p>Multi-Sports Activity 9am - 12pm Age 7+, £5</p> <p>Walk/Run Club 1pm - 2:30pm Age 10+, £2</p> <p>Dinghy Sailing Day 12pm - 5.45pm Age 10+, £20</p>	<p>Well Whitehaven (External Booking) 2/6</p> <p>Train & Beach Day 10am - 3:30pm Age 7+ , £10 Meet at Whitehaven Train Station</p>	<p>Table Tennis Coaching 9am - 12pm Age 7+, £5</p> <p>Paddle Boarding & Camping Meet 12pm Age 8+, £20</p> <p>Gaming Group No booking required 6pm - 7:30pm Age 7+, £2</p>	<p>Paddle Boarding & Camping Return 12pm</p> <p>Sailing Fundraising Restock 2:30pm-4pm</p> <p>Friday Night Project 6:30pm - 9pm (Secondary sch age) FREE</p>	<p>Whitehaven Park Run (or walk) All ages welcome, under 10s must be accompanied by an adult. Everyone must be registered (we can help with registration and printing of tickets) 9am, every Sat at Mirehouse, FREE https://www.parkrun.org.uk/whitehaven/</p>	<p>Car Boot Sale Cockermonth/Silloth</p> <p>We would be grateful for any volunteers that would be willing to run a car boot sale to help towards the big sailing adventure! Please get in touch 😊</p>



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Monday 5 th August	Tuesday 6 th August	Wednesday 7 th August	Thursday 8 th August	Friday 9 th August	Saturday 10 th August	Sunday 11 th August
<p>Viking Boat & Voyager Canoe 12pm - 5.45pm Age 8+, £20</p>	<p>Outdoor Climbing 10am - 4pm Age 8+, £10</p> <p>Dinghy Theory Session 2:30pm - 4pm (RYA Qualification ONLY) £2</p> <p>Sailing Team Meeting 6:30pm-8pm</p> <p>Fusion Group 7pm-9pm, £1</p>	<p>Well Whitehaven (External Booking) 3/6</p>	<p>National Trust Day 9am – 12pm Age 7+, £2</p> <p>Walk/Run Club 1pm - 2:30pm Age 10+, £2</p> <p>Gaming Group No booking required 6 ppm - 7:30pm Age 7+, £2</p>	<p>Dunmail Park Fundraising Stall & Car wash Bring a car along for much needed clean ☺ 9:30am- 6pm</p> <p>Friday Night Project 6:30pm - 9pm (Secondary sch age) FREE</p>	<p>Whitehaven Park Run (or walk) All ages welcome, under 10s must be accompanied by an adult. Everyone must be registered (we can help with registration and printing of tickets) 9am, every Sat at Mirehouse, FREE https://www.parkrun.org.uk/whitehaven/</p>	
Monday 12 th August	Tuesday 13 th August	Wednesday 14 th August	Thursday 15 th August	Friday 16 th August	Saturday 17 th August	Sunday 18 th August
<p>Dinghy Sailing Day 12pm - 5.45pm Age 10+, £20</p>	<p>Ghyll Scrambling 10am - 4pm Age 12+, £10</p> <p>Sailing Team Meeting 2:30pm - 5pm</p>	<p>Well Whitehaven (External Booking) 4/6</p> <p>Bike Ride 10am – 4pm Age 10+ , £10 (must be able to ride and have a geared bike)</p>	<p>Residential fundraising event for Sailing Group only Meet 11:30am, £10</p> <p>Walk/Run Club 1pm - 2:30pm Age 10+, £2</p> <p>NO Gaming Group</p>	<p>Residential fundraising event for Sailing Group only Return 2:30pm</p> <p>No Friday Night Project</p>	<p>St Bees Car Park Car Wash & Stall Please come along to support our young people and get your car cleaned at the same time ☺</p> <p>Whitehaven Park Run (or walk) 9am, every Saturday at Mirehouse, FREE https://www.parkrun.org.uk/whitehaven/</p>	



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Monday 19 th August	Tuesday 20 th August	Wednesday 21 st August	Thursday 22 nd August	Friday 23 rd August	Saturday 24 th August	Sunday 25 th August
<p>Dinghy Sailing Day 12pm - 5.45pm Age 10+, £20</p>	<p>Multi-Sports Activity 9am - 12pm Age 7+, £5</p> <p>Walk/Run Club 1pm - 2:30pm Age 10+, £2</p> <p>Ennerdale Scout Day (External Booking)</p> <p>Sailing Team Meeting 7pm-8pm</p> <p>Fusion Group 7pm-9pm, £1</p>	<p>Well Whitehaven (External Booking) 5/6</p>	<p>Table Tennis Coaching 9am - 12pm Age 7+, £5</p> <p>Outdoor Climbing 10am - 4pm Age 8+, £10</p> <p>Gaming Group No booking required 6pm - 7:30pm Age 7+, £2</p>	<p>Paddle Club 12pm - 6pm Age 10+, £10</p> <p>Bag Pack at Cleator Moor Co-op 10:15am -6pm</p> <p>Friday Night Project 6:30pm - 9pm (Secondary sch age) FREE</p>	<p>Whitehaven Park Run (or walk) All ages welcome, under 10s must be accompanied by an adult. Everyone must be registered (we can help with registration and printing of tickets) 9am, every Sat at Mirehouse, FREE https://www.parkrun.org.uk/whitehaven/</p>	<p>Sailing Voyage Adventure begins! Day 1</p>
Monday 26 th August	Tuesday 27 th August	Wednesday 28 th August	Thursday 29 th August	Friday 30 th August	Saturday 31 st August	Sunday 1 st September
<p>Sailing Voyage Day 2</p> <p>Bank Holiday</p>	<p>Sailing Voyage Day 3</p>	<p>Sailing Voyage Day 4</p> <p>Well Whitehaven (External Booking) 6/6</p>	<p>Sailing Voyage Day 5</p> <p>Ratho Edinburgh Day Trip 8am – 9pm (WHYP climbers ONLY) Age 8+, £TBC</p> <p>NO Gaming Group</p>	<p>Sailing Voyage Day 6</p> <p>Paddle Club 12pm - 6pm Age 10+, £10</p> <p>Friday Night Project 6:30pm - 9pm (Secondary sch age) FREE</p>	<p>Sailing Voyage Day 7</p> <p>Whitehaven Park Run (or walk) All ages welcome, under 10s must be accompanied by an adult. Everyone must be registered (we can help with registration and printing of tickets) 9am, every Sat at Mirehouse, FREE</p>	<p>Sailing Voyage Return home Day 8</p>



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For Water sport activities please make sure a full spare change of clothes (including footwear) is provided along with a large towel and a packed lunch. For all other activities please make sure a packed lunch is provided and appropriate clothing and footwear. If you have any queries or require any further information please contact the office. Spending money is not essential but there may be an opportunity to buy ice cream or sweets.

If appropriate please send your child with sunscreen.

If your child needs any medication such as inhaler please make sure they have it with them and that we are aware of it. If they turn up to an activity without it they may not be able to participate for their own safety.

All other regular activities not mentioned above will return in September. Don't forget, our premises is available for hire Throughout the summer – including the weekends.

For all centre based activities it is important that young people and parents/guardians understand and accept the principles of the drop in nature of the sessions. Details can be found on our website at www.whyp.org.uk but please don't hesitate to contact us if you have any queries.

Additional Summer Activities: Unless otherwise stated, all activities include transport. **Booking is essential.** Please note, activities do not include any food or drink provided by WHYP. All participants **must** have a current Consent Form. Please download a new form from our website www.whyp.org.uk if you need one, or pick one up from the office.