A photograph of three young people in kayaking gear jumping from a boat into a lake. The person in the center is wearing a yellow and black life jacket and black shorts, with their arms outstretched. The person on the left is wearing a blue and yellow life jacket and blue shorts. The person on the right is wearing a green and black life jacket and black shorts. The background shows a large body of water and rolling hills under a blue sky with scattered clouds.

Whitehaven Harbour Youth Project Annual Report

1st April 2015 to 31st March 2016

Celebrating 20 Years of giving young people an opportunity to develop their potential, to understand themselves and others, to enjoy life and to contribute positively to the world

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20 Years of WHYP!

The Whitehaven Harbour Youth Project began in 1996. At that time Whitehaven had embarked upon a process of significant redevelopment, particularly the transformation of its industrial harbour into a marina and tourist attraction. Funding was made available to establish WHYP so young people could have a stake in the changes to their town. The project was based in Pears House on the harbour which was shared with the Harbour Commissioners. It was managed by representatives of the local Police, Social Services, Probation Service, the Educational Welfare Service and Clubs for Young People. It provided outdoor activities for young people and also a youth club. In 2008 the project moved to its current venue. This year WHYP celebrates its 20th anniversary. It has been an incredible journey for the project as it has grown from relatively small beginnings to one of the largest providers of youth groups, sports and outdoor activities in the area.



Image:
Pears House,
Whitehaven.
The first home of WHYP.
1996-2008

WHYP has benefited from some incredibly dedicated staff over the years. A special mention must be made of the longest standing Project Manager, Mike Mills, who was in post for 13 years until his retirement in 2013. At that time he was supported by a highly skilled and motivated team who have been fundamental in providing high quality, needs driven services to young people in Copeland for many years. We are delighted to say that the project continues to benefit from this wealth of experience with four of the early staff team still working for the project. **THANK YOU!**

Thanks to the Whitehaven Community Trust and Kerry Maxwell for providing temporary accommodation in Market Hall while the project waited for its new Swingpump Lane premises to be ready.



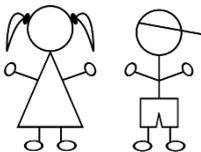
Image: Current Premises. Swingpump Lane.

Thank you to everyone who has supported the project. We are looking forward to the next 20 years!

*“The Whitehaven Development Company, now incorporated into the Whitehaven Harbour Commissioners, facilitated the delivery of the Government programme for the regeneration of the Town and Harbour of Whitehaven. Part of that programme was the creation of the Harbour Youth Project, a project to be run by the Police Youth Service with close liaison with the Probation Service and the Education Authority. **The project has been the most successful of all the project programmes due to the dedication of its officers and volunteers.** The project has provided personal and social development opportunities to countless young people through day and evening provision. The Whitehaven Harbour Commissioners are proud to continue its support for this essential local facility.”*

**Terry Ponting, Chairman,
Whitehaven Harbour Commissioners**

2015 – 2016 Highlights

<p>808 volunteer hours provided by local community members!</p>	<p>Thriving after school clubs with local primary schools offering Table Tennis, Archery, and Indoor Climbing</p>		<p>5 years of Copeland Community Fund grant began March 2015.</p>	<p>Nearly 1000 likes on Facebook!</p> 
<p>711 non youth club members participated in taster outdoor activities or sport</p>	<p>European Fisheries Fund and Marine Management Organisation funding of £19,718 supporting 'Coastal Sports and Recreation Project'.</p>	<p>183 taking part in 10 or more sessions of any kind</p>		<p>107 young people surveyed told us that involvement in the project had improved their confidence and feelings of self esteem</p>
 <p>Coast to Coast Cycle Ride for the 2nd year running. 120 miles in two days!</p>	<p>293 accreditations awarded! Including British Canoeing, NICAS (Climbing), Duke of Edinburgh, Table Tennis Butterfly Skills, Arts Award, Royal Yachting Association Competent Crew</p>	<p>Over £12,000 raised through young people fundraising activities</p>	<p>14 new Stand Up Paddle Boards purchased</p> 	<p>£5533 from Nuclear Management Partners Community Fund (Groups) towards universal youth work provision</p>
<p>30 external community groups renting our premises!</p>	<p>27 different client groups booking our services to delivery outdoor activities, sports and after school clubs.</p>	<p>Launched 'Active Youth Clubs Project' in partnership with UK Youth</p> 	<p>Continued to deliver Friday Night Project in partnership with Inspira and funded by Copeland Community Fund. 338 attendees over the course of the year.</p>	<p>Continued to be a Doorstep Sports Club in partnership with the Cumbria Sport and Physical Activities Alliance Foundation</p>
<p>New Youth Club 'Multi Activity and Climbing' session launched for juniors (aged 7+)</p>	<p>WHYP Table Tennis league participated in 6 regional or national table tennis events</p> 	<p>6 overnight residentials of one night or more for youth club members – 60 people away for a night or more.</p>	<p>60 youth club members regularly attending weekly WHYP climbing clubs</p>	<p>30 youth club members regularly attending WHYP table tennis club</p>

Activities and Events

Our Whitehaven Town Centre based premises includes a sports hall, climbing wall, large multi-use area with pool tables, table tennis, IT facilities and a café. The project offers an accessible, friendly, welcoming environment for young people to meet and access a wide range of positive activities throughout the year as well as providing a fantastic venue for many of our partners to work from.

We launched the **'Active Youth Clubs'** project in partnership with Young Cumbria and UK Youth. The 2 year project focuses on engaging inactive 14-25 year olds in physical activity with a long term goal of **increasing regular sport participation**. The project will reach 72 young people in total as well as providing **professional training / qualifications** to 4 'Young Ambassadors' who will be able to continue delivering sport and physical activity at the project or other venues in the future.



Ice Skating and Bubble Wars as part of UK Youth Active Youth Clubs project 2015-2017



Sports Hall Fun, Friday Night Project

We continued to be a delivery partner for the hugely successful **Friday Night Project (FNP)** and this year over **330 individuals** took part in this popular weekly youth club. The club provides a chance for young people to socialise, use our sports hall and activity youth space and engage in a range of activities throughout the year such as pizza making, movie nights, or Football Mashup in partnership with the Cumberland Football Association. Friday Night Projects around the county have had a **proven positive impact on reducing crime and anti-social behaviour** on the nights that they run and we are grateful to **Inspira** and the **Copeland Community Fund** for enabling this work to continue.

Our ever popular **Doorstep Sports Club**, run in partnership with **Street Games**, went from strength to strength. Based on feedback from young people we moved the day and time of the club and saw the numbers increase from an average of 30 regular attenders to just over 200 a year! The club is run by our own staff team drawing on their coaching expertise and qualifications enabling them to offer a wide range of activities in response to demand and interest. We are proud to have been awarded the 'StreetMark' accreditation as a result of our involvement in this project.



Activities and Events



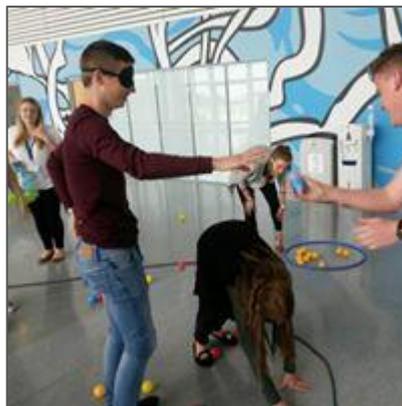
British Canoeing U-Canoe Young Activator Training

We ran a **U-Canoe Wired** and **U-Canoe Unleashed** programme of activities in partnership with **British Canoeing**. The aim of the project was to build participation in a range of paddle sports, using indoor kayak machines in the winter months as a taster for going outside in the warmer months. The machines provided a fantastic outreach opportunity for work with local schools and colleges and we would like to thank Whitehaven Academy, St James Junior School Whitehaven, Gen 2, and the Whitehaven Sea Cadets for their participation as well as a whole host of our Youth Group members and plenty of staff and volunteers who couldn't resist!



UCanoe Wired sessions at St James CofE Junior School, Whitehaven.

WHYP delivering GEN2 Apprentice Induction Week Activities



We were delighted to be able to continue our long term link with **Whitehaven Academy** by delivering their annual **Bronze Duke of Edinburgh Award Programme**. This year fifteen students from Year 10 enrolled on the award with us.

Thanks to **Gen2** for inviting us to deliver two dates of problem solving and team building challenges with the new cohort of Gen2 Apprentices.



Whitehaven Academy Bronze DofE Training

THANK YOU FOR YOUR SUPPORT

WHYP

Is acknowledged as a provider of

STUDENT WORK EXPERIENCE



Lakes College
LIFE CHANGING
LAKES COLLEGE
ready
respectful
potential

I would like to thank you and your organisation for the support you have given our students by allowing them to gain work experience. Over the last academic year we have strived to bridge the gap between education and employment, without your support this would not have been possible. The college values the commitment of employers and organisations in helping to develop our students so they are better prepared for employment when they complete their course.

PRESENTED BY: Phil Graham – Work Placement Coordinator

A note of thanks for WHYP from Lakes College!

Activities and Events

We were excited to be awarded £19,718 from the Marine Maritime Organisation and European Fisheries Foundation in support of our 'Coastal Sports and Recreation' project. The award was managed by the North and West Cumbria Fisheries Local Action Group and saw over 500 young people take part in coastal based sport, physical activities and art work. The project also funded the purchase of a range of new equipment to support delivery including new walking boots and wellies for young people and 14 Stand Up Paddle Boards! A special thanks to **Whitehaven Marina** for their support with water access and general project logistics.



Exploring new coastal routes for DofE Expeditions



Grant funded SUP taster sessions with local primary



Coastal Inspired 'Girls Group' Art Work



Marina running and fitness sessions, Girls Group

'This is awesome!'

Valley Primary School Student, SUP Session

'People say I'm more confident since going to WHYP. I agree!'

Sarah, WHYP youth club

Activities and Events

Table Tennis has long been a popular activity here at the project and this year was no exception. Our weekly club boasts 30 regular members, and in addition we have delivered in 5 local primary schools either as after school clubs or as part of daytime curriculum activities. We were able to fund the training of an additional staff member to achieve their Level 1 Table Tennis Coach qualification meaning that we now have two qualified coaches on the team as well as 6 table tennis tables and equipment. As well as a range of Table Tennis activities for young people, we also host Adult Table Tennis on a weekly basis.

We were awarded £1180 from the Cumbria County Council Copeland Area Support Team as part of their Community Grants programme. The money enabled us to offer table tennis outreach sessions in local primary schools. This introduced 137 children to the sport and to the activities of WHYP.



Image: Table Tennis After School Club, St James Junior School, Whitehaven



Above and Below: Copeland Schools Table Tennis Competition at WHYP

The Table Tennis team are a busy bunch. As well as meeting to play on a weekly basis they also attended the Blackpool 2 Star Table Tennis Event to watch the professionals in action. In addition WHYP hosted the inaugural Copeland Schools Table Tennis Competition held in November 2015 and February 2016! Well done to all those who took part.



STEADY HANDS: Youngster Dakota Rees, of Mirehouse, learns how to play table tennis

DOUBLE TEAM: Roger Patterson is ready for action with his daughter Darah at the table tennis session
Picture: Mike McKenzie

Wiff waff was invented on the dining tables of England... and now played in Market Place

BY BEN GRAHAM

"But table tennis is for people of all shapes and sizes, you just need good hand-eye coordination."

"In that way it's very accessible, but at the same time people don't have space for a table and neither do schools which is why it isn't taught."

"Schools should look into table tennis because it's a sport that can be enjoyed by a lot of different types of people, not just athletic, sporty children."

"It was incredibly popular about 20 years ago but now we are one of the only places in Copeland that offer it."

This event was about raising awareness of all minority sports because people forget how many sports are out there. There is something for everyone."

Nik said that, despite the windy conditions, everybody enjoyed themselves and he expects to see some new faces at the centre's table tennis sessions at Swingpump Lane.

HY Plus now got eight table tennis tables and it will be starting its sessions in September. Junior sessions run 3pm until 5pm and adult sessions are held on Thursdays from 6.30pm until 9pm, both cost £1.20.

For more information, call 01924 302040.

GOOD SHOT: Jessica Patterson from Bransty impresses Tina Barry from the Harbour Youth Project.

WHYP took Table Tennis to Town in July 2015, setting up Tables in the Market Place to allow members of the public to try the sport and find out more about our clubs. A hugely successful event!

Activities and Events

There is so much going on at WHYP that it's impossible to mention everything in one report. Here are just a few more pictures and comments!



Howgill and WHYP Girls Group together for a Lantern Making workshop delivered by the National Trust



Heartstart First Aid delivered by Whitehaven Fire Service

"He is really enjoying coming to the club and I would just like to thank all of you for your enthusiasm and time you give the kids."

Parent of new WHYP member



Bike Maintenance Workshop at Cyclewise funded by the Lengthsman Scheme and supported by Copeland Borough Council.



Coast to Coast Challenge for WHYP young people. 120 miles in 2 days!

"Thanks to all of the staff for letting us come to the Harbour Youth Project. I really enjoyed everything to be honest, darts, pool, table tennis. I had so much fun and a nice time I would like to come again."

Pathways Group' Student, Lakes College

"I have learnt that I'm good at sport because I didn't think I was before I came here"

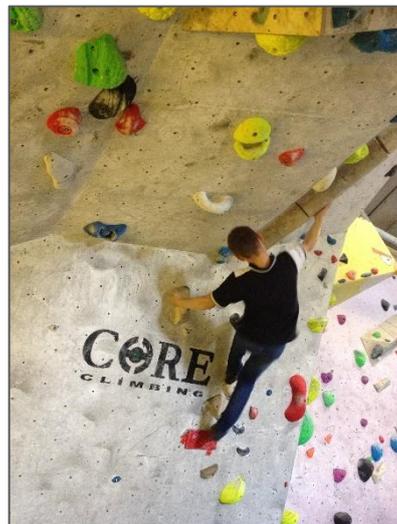
Finn, WHYP youth club

"I keep coming back because the environment is safe and friendly"

Callum, WHYP youth club

"Keep Calm and Go To WHYP!"

Sam, WHYP youth club



One of many trips to Eden Rock Bouldering Centre in Carlisle now that four of the staff team are qualified to deliver sessions.

Activities and Events

*This year **58 different organisations** chose the Whitehaven Harbour Youth Project as their provider for outdoor and adventure activities, sports coaching, and facilities rental. The diversity of our customer base has grown significantly this year and we would like to thank all those customers, new and returning, who continue to support the project. All income generated through sale of services is fed directly back into the organisations charitable services, and a broader customer base means that more young people are able to benefit from the opportunity and adventure on their doorstep. **THANK YOU!***

Customers: Premises Rental

Adult Table Tennis Group (Private Booking)
Alex Clark Drama
Bransty Rangers Football Club
Cheer Fitness and Fun
Copeland Borough Council: Coastal Consultation
Copeland Borough Council: Youth Council
Copeland Community Development Centre
Copeland School Games Organisers
Cumbria County Council: Richmond Annexe
Cumbria County Council: Adult Education
Cumbria County Council: Children In Care Council
Cumbria County Council: Early Help Front Door Project
Cumbria County Council: Hensingham Day Service
Cumbria County Council: Youth Council
Cumbria Youth Alliance
Impact Housing
Inspira
Inspira Care Leavers
Inspira Fusion
Kie Park
Phoenix Enterprise Centre
Sellafield Sites, various
St Benedict's School
Private party bookings, various
West Coast Challenge Events
West Cumbria Achievement Zone
West Cumbria Carers
West Cumbria Learning Centre
West Lakes Academy
Whitehaven Sea Cadets

Customers: Sports and Outdoor Activity

5th Mount Gerald Scouts, Falkirk
Beckermet CofE School
Copeland Community Development Centre
Copeland Borough Council: Youth Council
Cumbria County Council: Adult Education
Powbeck Residential and Care Home
Distington Youth Partnership
Egremont Youth Partnership
Ennerdale Primary School
Gen2
Gosforth School
Hensingham Primary School
Millom Children's Centre
Inspira Friday Night Project
Inspira National Citizen Service
Lakes College West Cumbria
Moor Row Community Primary School
Orgill Primary School
Seascale School
St Bees Cubs
St Bees Independent School
St Bees Scouts
St Beghs Primary School
St James CofE Junior School Whitehaven
St Mary Catholic Primary School Kells
St Patricks Roman Catholic Primary Workington
Valley Primary
West Cumbria Learning Centre
Westfield Primary School
Whitehaven Academy
Whitehaven Girl Guides
Whitehaven Sea Cadets

"We recently used the centre for a one day workshop. The facilities and refreshments were ideal and staff were extremely helpful. Great value for money, wouldn't hesitate to book again."

Louise, Sellafield Sites

Close up with Ken Bradford

Ken Bradford has volunteered his time and expertise as the Secretary of the Whitehaven Harbour Youth Project since it began in 1996. He is the longest standing member on the Board of Trustees. Read on to find out more.

Why did you first get involved with the project?

If you go back to 1996 they were redeveloping the harbour and I and some others felt that it would be important that young people had a stake in that project. Hence the name 'The Harbour Project'. It comes from the redevelopment of the harbour. Ensuring that young people were involved in the redevelopment and that they could identify with it.

What have been the highs and lows over the last 20 years?

The low in actual fact was fairly early on in the project when we applied for funding and it wasn't forthcoming and we felt at one stage that the project wasn't going to happen. So it was early on in the project. The high would be moving from Pears House to the premises that we're now in.

What was your first job when you left school?

I was a medical technician in the Royal Navy.

Tell us a joke.

This joke has come down through the ages in our family...Why is the sand wet? Because the sea weed.

Who would you invite to your perfect dinner party?

My Mum and Dad and my Mother and Father in Law who are no longer with us.

Sum up the project in three words?

Caring. Challenging. Exciting.

Tell us a secret about yourself.

At the age of 13 I won a fancy dress competition dressed as a female bathing beauty lady. The prize that I got was 20 cigarettes!

What do you see as the future for WHYP?

I see it becoming the foremost youth project in all of Cumbria – the one that inspires other youth projects. The one that other youth projects aim to look up to.

Funders and Supporters

We would like to extend a huge thank you to all our funders and supporters, without whom the work of the Whitehaven Harbour Youth Project would not be possible.



Funders 2015-2016

Big Lottery Reaching Communities

Copeland Community Fund

Copeland Borough Council

Cumbria County Council

Cumbria Youth Alliance

Blengdale Runners

High Sherriff of Cumbria 2015-2016

Inspira

Lengthsman Scheme

Marine Maritime Organisation and European Fisheries Fund via North West Cumbria Fisheries Local Action Group

Nuclear Management Partners Community Fund (Groups)

Ramblers Association

Sellafield Unite

St Peters Outreach

StreetGames

Tall Ships Adventures Bursary

The Seven Seas Baxter and Grimshaw Trust

Turnpike Charitable Trust

UK Youth

West Coast Challenge Events



Other Supporters

Every year the Whitehaven Marina Ltd provides us with spaces to park our minibus, trailers, and a number of staff vehicles. We thank them wholeheartedly for this generosity which makes day to day running of the project that little bit easier! We would also like to extend our thanks to our landlords, Whitehaven Harbour Commissioners for accommodating us over the years.



Fundraising

The young people at the project have an outstanding history of fundraising and this year has been no exception with just over £12,000 raised for a wide range of activities and trips. This fundraising would not have been possible without their dedication and the generous support of the Egremont Co-Op, Haig Pit and the Whitehaven Marina who provided fundraisina venues for the vouna people.

Volunteers, Staff & Trustees

The charity has a Board of Trustees who are also the Company Directors and who are responsible for the overall management of the charity. There are 4 full time staff and 3 part time staff together with in excess of 20 active volunteers each year; many of whom have been involved in the project for many years both as young people and now as adults.

Trustees

Mr Trevor Monk, Chairman
Mr Bern Hellier, Treasurer
Mr Ken Bradford, Secretary
Mr Mike Priestly, Trustee
Mr Hugh Branney, Trustee
Mrs Margaret Scott, Trustee

Permanent Staff

Gina McCabe, Project Manager
Nik Smith, Lead Youth Worker
Wendy Thomas, Youth Worker (to Dec 2015)
Tina Barry, Sports Development Coach
and Youth Worker (from Dec 2015)
Debs Cripps, Outdoor Instructor
Stephen Walter, Outdoor Instructor
Stuart Dunnett, Outdoor Instructor
Clare France, Office Administrator
Sian Tucker, Office Administrator (to Aug 2015)

Volunteers 2015-2016

Kayleigh Bowden
Jon Paul Messenger
Warren Crosby
Michael Lithgow
Dianne Lowery
Rebecca Walker
Kathryn Chestney
Jacqueline Troden
Jamie Riley
Dave Marsh
Chris Cripps
Kaz Rogerson
Kyle Stalker
Lizzie Wise
Chris Burton
Sean Smith
Andrea Cockbain
Clive Burkinshaw
Dawn Burkinshaw
Frazer Wilson
Liam Taylor
Jane Allport
Shelly Tomlinson

Thank You to all our volunteers. Over 800 hours of your time and expertise given each year – the project wouldn't exist without you!

Trustees Report

The Project has had a varied and exciting year. Overall participation numbers are up 20% on last year and this is largely due to outreach work with Primary Schools, the introduction of an extra weekly youth club session specifically aimed at ages 7-10 years, and a Coastal Sports and Recreation Project funded by the European Fisheries Foundation (EFF) through the Marine Management Organisation (MMO) and the North and West Cumbria Fisheries Local Action Group (NW FLAG). This latter project funded staffing and equipment purchases to support the delivery of recreational and sporting activities on the West Cumbria coastline. Of particular note was the purchase of 14 stand up paddle boards which have provided an accessible and entertaining new activity that has appealed to all project beneficiaries and served as a new source of income generation.

The Project continued to offer the Doorstep Sports Club through the Cumbria Sport and Physical Activities Alliance (now through StreetGames), and Friday Night Project on behalf of Inspira with funding from Copeland Community Fund. In addition the project benefited from a 6 month extension of the Cumbria County Council Youth and Risk Taking Behaviour contract which supported the delivery of other weekly sessions.

New projects included the UK Youth funded 'Active Youth Clubs' project which was introduced towards the end of the year, and a partnership project with British Canoeing which included the lease of indoor kayak machines. These machines provided an excellent outreach opportunity to work with local primary and secondary schools as well as adding value to our on-site youth work curriculum.

The end of 2015 saw a change in project staffing with the departure of Wendy Thomas, our Assistant Youth Worker, and the permanent appointment of Christina Barry in her place. Christina had previously been on a fixed term contract with the project which was part funded by Home Group. The project continues to be supported by numerous volunteers and benefits from over 800 volunteer hours per year. Our thanks goes to all those who give up their time.

The year saw the completion of the first year of a five year funding cycle from the Copeland Community Fund and The Big Lottery Reaching Communities Fund. The project committed to ambitious outcomes relating to young people and the community as part of these two streams of funding but is delighted to be able to report that it has met, and in some cases exceeded, what it set out to achieve.

This year the project income was just over 6% higher than originally budgeted for, with expenditure remaining on budget. The increase in income was due to the growth of premises rental, an extension of the County Council Youth Work and Risk Taking Behaviour Contract, the previously mentioned Coastal Sports and Recreation Project and a slight increase in income from fundraising activities.

Sources of earned income for the project have diversified over recent years and this has been essential in an ever changing financial climate. It is particularly notable that income from 'Schools and Other Group Activity' has generally declined, and although this year it did still remain slightly over budget, the project is committed to working hard to explore new opportunities for financial growth in this area.

The project received some generous donations this year which meant that the much valued Sailing Voyage was able to run again as well as a Coast to Coast cycling event, and the annual Ski Trip and Edinburgh Climbing Trip. All of these trips are supported by substantial fundraising efforts from the participants.

The project remains reliant on grant funding for over half its annual turnover. The long term strategic aim is to increase earned income so that this reliance on grants can be reduced. This aim must go hand in hand with ensuring that the project continues to deliver high quality services to young people in the community that address local need.

Financial Summary

Expenditure	£	Income	£
Manager		Big Lottery Reaching Communities	79,000
Lead Youth Worker		Copeland Community Fund	30,000
Assistant Youth Worker		Total Income From Trusts	109,000
1 Full Time Outdoor Instructor			
2 Part Time Outdoor Instructor		Cumbria County Council Youth Budget	4375
Office Administrator		Inspira (via Cumbria County Council Youth Budget)	8750
Freelance Outdoor Instructors		Nuclear Management Partners Community Fund	5533
Total People Costs	129,673	NW Cumbria FLAG (MMO/EFF)	19,718
		Schools and Other Group Activity	30,213
Rent	12,053	Total Income for Providing Services	68,589
Rates	2,290		
Energy	6,991	Youth Centre Rental Income	29,317
Repairs / Maintenance	1,391	Money Raising/Donations	12,070
Insurance	2,755	Total Other Income	41,387
Cleaning	1,851		
Total Building Costs	27,331	Total Overall Income	218,976
Training / Personal Equipment	2,815	Contribution to Reserves*	26,481
Office Costs	2,846		
Telephones	1,032		
Fees / Payroll	1,874		
Membership/Licenses	591		
Transport (vehicle, fuel, hire)	2,810		
Beneficiary/Volunteer Expenses	11,472		
Equipment Renewals	10,959		
Other minor costs	1,092		
Total Other Costs	35,491		
All Expenditure	192,495		

** In line with long term strategic aims, it is the policy of the Whitehaven Harbour Youth Project to begin to build Reserves equivalent to 3 months of turnover. All Reserves are in place to build financial resilience and support the ongoing aims and objectives of the work of the charity. In some years the Project may need to draw on reserves to meet normal running costs.*